THAT'S FOUR IN A ROW

JULIA LOUIS-DREYFUS TAKES HOME ANOTHER EMMY

Awards coverage in **metroLIFE**

Toronto metro

Your essential daily news | MONDAY, SEPTEMBER 21, 2015 | High 20°C/Low 9°C Mainly sunny

SO LONG, SUMMER

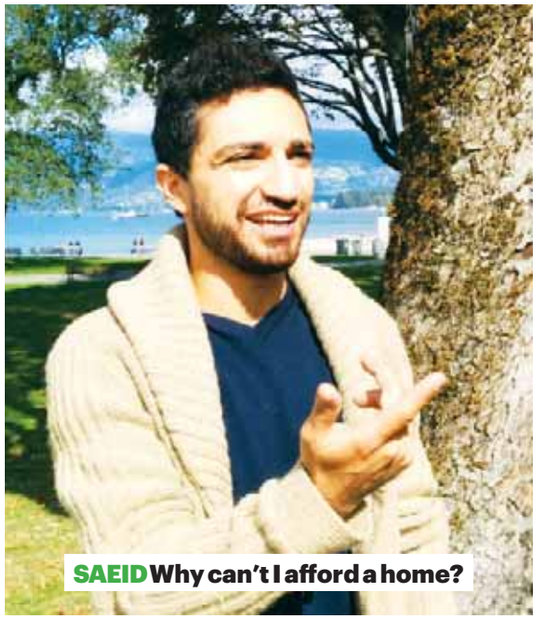
Looking back on a season to remember in Toronto

metroNEWS

ELECTION 2015

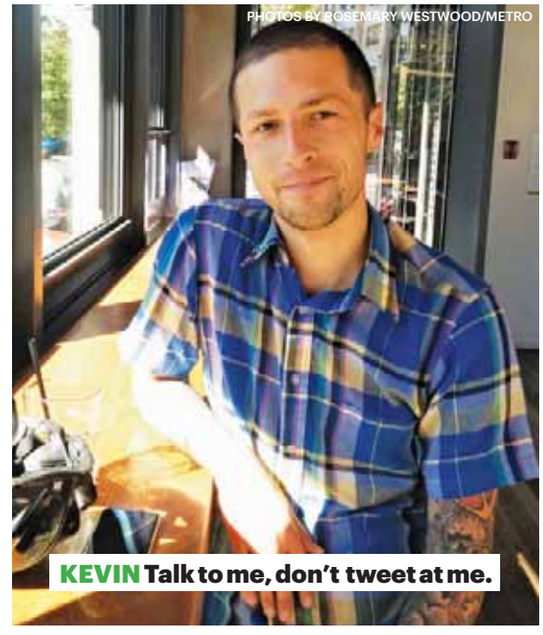
Metro's daily coast-to-coast election series connects young urban Canadians with the issues they care about the most

READY TO ENGAGE



SAEID Why can't I afford a home?

JERILYNN This election is for Mother Earth.



PHOTOS BY ROSEMARY WESTWOOD/METRO

KEVIN Talk to me, don't tweet at me.

Starting today, until the election, we will explore:

- ABORIGINAL VOICE
- EQUAL PAY
- EMPOWERED CITIES
- A GREEN FUTURE
- THE ARTS
- GENERATIONAL EQUALITY
- THE CHANCE TO SUCCEED
- AND MORE, PG. 12

PLUS Rosemary Westwood travels the country meeting voters **FIRST UP:** Saeid Fard in Vancouver

Come explore science this Saturday.

FREE general admission
Saturday, September 26, 2015
10 am – 5 pm

Join TELUS as we celebrate Community Day at the Ontario Science Centre.
Bring your friends and family for a fun day of exploring innovation and technology.

To find out more, visit **ontariosciencecentre.ca**

ONTARIO SCIENCE CENTRE

TELUS
the future is friendly®

Free admission excludes parking and Omnimax® theatre. © 2015 TELUS. 15_00599-02

metro NEWS

Your essential daily news

Retirement party honours Halifax mouser. **Canada**

Food bank users leaving the core

REPORT

Downtown's spiralling costs driving away poor, hungry

Alex Coneybeare in the warehouse at the Daily Bread Food Bank on New Toronto Street. NICK KOZAK/TORSTAR NEWS SERVICE

Toronto's hungry are on the move.

Food bank use in the city's inner suburbs — Scarborough, North York, York and Etobicoke — has spiked 45 per cent since the 2008 recession with a corresponding 16 per cent drop in the old city of Toronto, according to the Daily Bread Food Bank's annual Who's Hungry report.

Spiralling rents and Toronto's downtown condo boom are pushing the poor — and many food banks themselves — into the suburbs, where transit and social services are sparse, says the report subtitled A Tale of Two Cities, being released Monday.

"The surprise for me was actually seeing the numbers," says Daily Bread executive director Gail Nyberg. "There are services downtown. There is an infrastructure. But the further you get from downtown, the less there is."

During the same period, the average length of time food bank users relied on the service doubled from 12 months to two years. This suggests people are having a harder time climbing out of poverty, says the report based on interviews with 1,000 people who used the system in 2014.

Despite a slight decrease in overall use in 2013, food bank visits are up again slightly with almost 897,000 visits last year, or a 12 per cent rise since the recession.

Alex Coneybeare walks 40 minutes to the Daily Bread Food Bank in Etobicoke four times a month to pick up his groceries.

"I don't want to waste money on transit if I don't have to," he says.

Most of Coneybeare's monthly Ontario Works cheque of $656 goes to pay rent for his one-bedroom apartment.

Although his welfare worker allows his parents to help him with the rent, it is still a challenge to survive on less than $300 a month without the food bank.

Coneybeare, 28, worked a string of fast food, retail and manual labour jobs until about two years ago when a seasonal position ended and the work "dried up."

"It's really tough out there," he says.

People on social assistance have always made up the bulk of food bank users, according to the Daily Bread's report. But last year, for the first time, those receiving Ontario Disability Support Program (ODSP) payments outstripped general welfare recipients by income source.

They represent 34 per cent of food bank users, up from 28 per cent in 2013. About 31 per cent rely on general welfare, or Ontario Works.

As the economy shifts from full-time to more part-time and casual work, private disability insurance and federal Employment Insurance programs have become more difficult to access, the report notes. Provincial social assistance — a program of last resort — is often the only option when people lose their jobs or become disabled.

"If people are receiving social assistance in Toronto, it is almost guaranteed they will need the help of a food bank at some point," the report says.

TORSTAR NEWS SERVICE

BY THE NUMBERS TORONTO FOOD BANK USE

25	Percentage who have been in Canada less than four years.
48	Average number of months a person uses a food bank.
65	Percentage who rely on social assistance as main income.
34	Percentage who rely on Ontario's Disability Support Plan.
31	Percentage who rely on welfare assistance, or Ontario Works.
37	Percentage who have a college diploma or degree.
51	Percentage of adult food bank users who have a disability.
$656	Average monthly welfare payment for a single person.
$1,098	Monthly ODSP payment for a single disabled person.

SOURCE: DAILY BREAD FOOD BANK

Get Out Of DEBT

Without Bankruptcy Without Loans

SPEAK TO THE Licensed Debt Professionals™

FREE CALL 310-9200

(NO AREA CODE NEEDED)

DAVID SKLAR & ASSOCIATES INC.

Licensed Credit Counsellors · Licensed Proposal Administrators · Trustee in Bankruptcy

www.DavidSklar.com

David Sklar, CPA, CA, CIRP, Trustee

EXHIBITION PLACE

CNE to city: Don't extend Muzik lease

The Canadian National Exhibition is asking the city to turn down its landlord's request to extend controversial nightclub Muzik's lease from 2024 to 2034.

The Exhibition Place Board of Governors' request for an amendment to the city's official plan is on Monday's executive committee agenda.

"There's a better path to use city assets that are so important to Toronto," CNE President Brian Ashton said Friday.

The Horticulture Building, which has housed Muzik since 2004, has a Parks/Open Space designation under the city's official plan that doesn't allow for a lease term longer than 21 years.

TORSTAR NEWS SERVICE

CULTURE UKRAINIAN FESTIVAL BRIGHTENS BLOOR STREET Young members of the Rezonans Ukrainian Children's Performing Studio anxiously await their turn to go on stage at the Bloor West Village Toronto Ukrainian Festival on Sunday. The festival, celebrating its 19th year, offered three days of activities, culinary treats and entertainment.

LIZ BEDDALL/METRO

*New bookings only. Book by 11:59 pm Eastern Time September 30, 2015. Travel by December 13, 2015. Up to 21-day advance purchase may be required. Prices are based on one-way fares. Discount is not applicable on itineraries that include a partner airline flight segment. Discount applies only to the regular base fare and does not apply to fees, taxes or surcharges. Full fare breakdown available for all itineraries on flyporter.com. Fares include all applicable government-imposed taxes and mandatory fees, which may amount to as much as $150 one-way per passenger, depending on routing. Foreign taxes will fluctuate based on the prevailing exchange rate. Fees for optional services, such as itinerary changes, additional baggage, advance seat selection, or certain special service requests, may increase overall cost. Fares are non-refundable but itineraries may be changed for a fee of up to $200 per person per direction, plus any fare differential. Other significant conditions (including a $35 first-checked bag and $45 second-checked bag fee, and charges for overweight and/or excess baggage) may change without notice and are not guaranteed until ticketed. Visit flyporter.com for more information. In case of any discrepancy between advertised fares and the fares shown on the website at the time of booking, the latter shall prevail.

Police to get 'sock guns'

LAW ENFORCEMENT

Officers will be issued 'less lethal' weapon by 2016

They are the latest weapons to join the Toronto police arsenal — or, more precisely, they're the shotguns already owned by the force, reloaded and given a fresh coat of paint.

By 2016, Toronto police officers will have access to so-called sock guns, an increasingly popular class of weapon, referred to as "less lethal."

As police across North America face growing scrutiny in the wake of high-profile fatal shootings, some forces are opting for alternatives to standard-issue police guns. For Toronto police, the sock guns were sought out particularly for use during interactions with people who are carrying weapons and experiencing a mental health crisis.

"If they're used properly, and they will be used properly, I think it will be an effective tool," Chief Mark Saunders told reporters Thursday, soon after details of the new gun were presented to the Toronto police board.

Also known as a bean bag gun, the sock gun is a regular shotgun that, instead of bullets, has been loaded with a kind of round that inflicts pain but does not penetrate the body. It's referred to as an impact round.

The 12-gauge round can be loaded into any shotgun, meaning Toronto police do not have to purchase new equipment outside of the rounds. The force will use its existing stock of shotguns, but they will be visibly distinguishable by a bright colour — likely to be orange or yellow — and loaded only with the sock round.

"No mixing of ammo. No confusion of ammo," said Deputy Chief Mike Federico. "This allows us to use a familiar delivery system to reduce training demands and costs and equipment costs."

The sock gun is being introduced as part of the changes Toronto police are making following recent fatal police shootings, including the death of teenager Sammy Yatim. Police say it will give them a less-lethal option in lieu of a regular gun in situations where force may be required.

For those cases where an officer feels force is needed, Toronto police want to equip cops with a range of options so that the force used is only that which is reasonably necessary "and nothing more," Federico said.

Each "bullet" contains a soft, granular material contained in a Kevlar sac, like a tiny bean bag. The round looks a bit like a balled-up sock once it's been shot, hence the name. There is a short fabric tail, designed to help the round fly straight.

CONTRIBUTED

It's hoped the sock gun will let officers buy time and distance — increasing the likelihood of being able to verbally de-escalate the situation before resorting to force.

Toronto police insist that the gun will not be a replacement for de-escalation techniques, which include expressing empathy and calmly trying to talk the person into putting the weapon down. But critics are already concerned officers will be tempted to shoot, then talk. TORSTAR NEWS SERVICE

Condo questions

metro EXPLAINS

How can we get developers away from condos and back to rentals? Toronto renters are facing a crisis in affordable housing, with one in five shelling out more than 50 per cent of their pay on rent and utilities monthly. Housing advocates say it's up to all levels of government to create an environment where developers profit as much from apartments as they do condos.

STEVEN GOETZ FOR METRO

Why do developers prefer to build condos instead of apartments?

It's a pretty simple equation, said Westbank developer Ian Duke.

"A rental building requires a large upfront investment and then a long period of time before you see a return," he said. "With a condo project, you build it and then you walk away with the money."

Didn't developers used to focus on apartments?

Rental buildings were hot business starting after the Second World War and well into the 1970s, said Noreen Dunphy, a Toronto city planner.

Things changed dramatically in the 1980s after the provincial and federal governments cancelled tax incentives that encouraged affordable rental developments.

"There was a shift to the idea that ownership should be a goal for everyone and most of the programs were dropped," said Kenneth Hale, director of legal services with Advocacy Centre for Tenants Ontario. "Part of that shift was the introduction of the condo regime."

So, how do we get developers back in the rental game?

Duke, whose company is building more than 1,000 rental units as part of the Mirvish Village redevelopment, said the city has a carrot to offer.

Making development fees lower for apartment buildings than for condos would be a step in the right direction.

The owner of this apartment building at 66 Isabella St. was convinced to build 200 new rental units instead of condos by incentives offered up from the city. STEVEN GOETZ/FOR METRO

The provincial and federal governments also have a role to play, he said. Reintroducing the tax incentives cancelled in the 1980s would be a start.

Plus, he said, offering better — and more consistent — interest rates to developers working on rentals could work.

Since it takes longer to make money off apartment buildings, developers "are much more at the whim of interest rate cycles," Duke said.

What's already being done?

The city has taken a number of steps, Dunphy said.

Among the largest, she said, is giving developers a bit of a break on Section 37 contributions when they build rental units.

Section 37 rules require developers make community contributions, like paying for a park or providing daycare spaces, when they request zoning changes to allow for more density.

So, by getting a break when building rentals, developers save money. The incentive recently helped convince a developer to build 200 rental units near Church and Bloor, Dunphy said.

45 per cent

The portion of Toronto's population that rents

EARN UP TO $3500!

Are you a Healthy Male or Female between 18 and 55 years of age?

If so we want to hear from you!

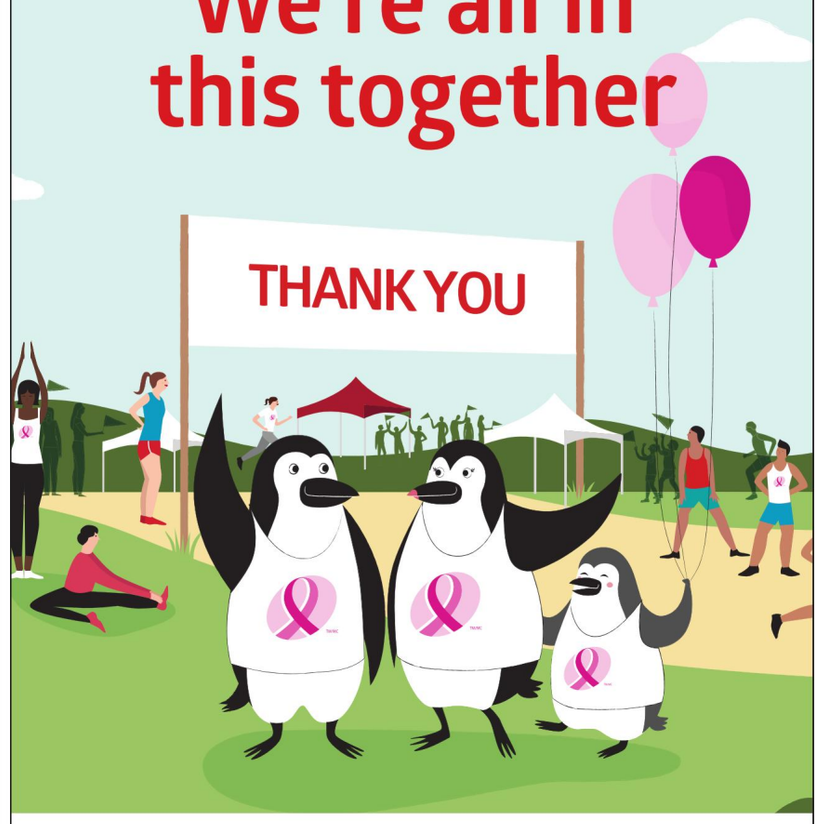
Apotex is currently recruiting healthy men and women to participate in studies on Pharmaceutical products.

REGISTER ONLINE AT WWW.APOTEX.CA or Call: 416-741-4256
Toll Free: 1-877-APO-CLNC (1-877-276-2562)
Hours: 8:30am to 5pm Monday to Friday

- YOU WILL BE PAID upon completion of the study
- Compensation may range from $1000 to $3500 depending on the length of the study

APOTEX ADVANCING GENERICS

We're all in this together



We want to give you, our clients, a heartfelt thank you for your ongoing support of the Canadian Breast Cancer Foundation CIBC Run for the Cure†. In celebration of Client Appreciation Day on September 25, 2015, CIBC will make a $1 donation to Canadian Breast Cancer Foundation for every client who makes a CIBC eDeposit® transaction[1].

Visit any branch on September 25 for treats and our personal thank you or cibc.com/clientappreciation to learn more.

#CIBCAppreciation

Canadian Breast Cancer Foundation
CIBC Run for the Cure†

CIBC

Canadian Breast Cancer Foundation

[1] Limited to one $1 donation per client who completes a CIBC eDeposit® transaction during the promotion period. Other conditions may apply.
† Canadian Breast Cancer Foundation, Run for the Cure and pink ribbon ellipse are trademarks of the Canadian Breast Cancer Foundation.
® Registered trademark of CIBC.

We will bring them to Toronto

Syria refugee crisis: People came in eager strides, anxious to find ways to help, and fast. They're ordinary mothers and fathers, teachers, doctors and artists, all wanting to know how to sponsor Syrian refugees. This was the scene last week as Lifeline Syria had its first meeting in Toronto to give people guidance about the sponsorship program. These are just some of those everyday heroes offering helping hands.

GILBERT NGABO METRO

Jo-Ann McArthur

The willingness to help for McArthur — the president of a food-marketing agency — came from a childhood experience. When she was a teen, her family was part of a group that welcomed a Vietnamese family and helped them resettle in Canada.

"I saw firsthand what a force that immigration policy was," she says.

Together with her husband and three others, she's raising money to sponsor a Syrian family.

"It's just luck that I was born here and had the opportunities that I enjoy."

Barbara J. Falk

As a professor of security studies at the Canadian Forces College, Falk has been following the plight of Syrian refugees very closely.

"I got sick of reading about it," she says about her decision to take action. "It's the largest humanitarian crisis since World War II. Everybody has to do something."

She's joined forces with a group of about 10 people, and they're close to getting everything ready.

"Hopefully in six months or so we'll have sponsored a family," she says.

Erum Hasan

For this young professional who works in sustainable development, the decision to sponsor a Syrian refugee family came naturally.

"There are people suffering. You can't just sit around," she says. "We always tell our kids to believe in peace, then we turn around and watch these human beings suffer, and we accept it as a status quo? We definitely shouldn't."

Her sponsoring group is made up of 15 people from the city's west end who got together through social media.

Yaya Padawer

As an artist and English as a second language teacher, Padawer can't stop thinking about an endless stream of privileges she enjoys.

"My kids can go to school, I can walk wherever I want, and have political opinions," she says.

Sharing with those who are not as lucky is "a responsibility."

Sponsoring families isn't the ultimate solution because it's not the root of the problem, "it's important to help because it will mean the difference between life and death for some people," she says.

Phil Guay

The Toronto father of three was profoundly moved by the picture of Alan Kurdi, the three-year-old Syrian boy whose lifeless body washed up on the shores of the Mediterranean Sea.

"The crisis has touched a lot of people in many ways, but that picture really hit me," he says. "I think we're very lucky to be in a great country, and I think this is just a way to give back to families that are in need."

PHOTOS: LIZ BEDDALL/METRO; CONTRIBUTED

Chivon John organized Side Hustle Week Toronto, an event bringing together various entrepreneurs to share their passion and encourage each other. CONTRIBUTED

Side hustle a trend with young pros

ENTREPRENEURSHIP

More than 150 come together to talk business

Gilbert Ngabo
Metro | Toronto

By day, Stacy Brown is a mortgage broker at DLC Bedrock Financial. At night, she's the CEO of Tinselit.com, a startup dedicated to facilitating gift exchanges.

It's a trend becoming more and more common. People, especially young professionals, are turning to entrepreneurship to make ends meet, in addition to holding full-time jobs. Last week, more than 150 such individuals came together for the first time in what was dubbed Side Hustle Week Toronto.

For Brown, it all started a couple of years ago while she was pregnant. At her own baby shower, she ended up receiving three bathtubs among other duplicate presents. It gave her the idea that many people may be running into issues of duplications when it comes to gifting.

"A lot of people told me they'd buy gifts they thought their friends would like. But they also said they had received gifts they didn't like," she said, explaining how her business idea came about.

As she was looking for funding to get the project off the ground, Brown was featured as a contestant in the CBC's Dragon's Den spinoff, Next Gen Den. It didn't work out. "They found that it was pretentious to tell anybody that you'd like this or that kind of gift," she said.

But that didn't deter her, and two years after launching the online gift wish list platform, it has garnered nearly three thousand users and hosted nearly 3,500 events.

Stacy Brown CONTRIBUTED

"This just gives people the chance to buy the perfect gift for their loved ones," she said, laughing off the gift coercing criticism. "It's coming along fantastically, though it has turned me into a late nights, early mornings girl."

Building on the successes of people like Brown to inspire others is the aim for Side Hustle Week Toronto event. At its debut, the event drew a ranger of public speakers, crafters, clothing lines owners, tutors and trainers.

"We got people to share their passion, things they do on top of their careers," said Chivon John, the event organizer. Herself a side hustler — communications specialist at Rogers, and a consultant on the side — she was particularly moved by the discussion with award-winning entrepreneur Devon Brooks.

She's been getting positive feedback from participants, and hopes to improve on the future events based on how this first one went.

"It would be nice to increase the participation of product creators, rather than just online or service-based individuals," she said.

STAR WARS FANDOM

Lightsaber battle coming soon

Luke Simcoe
Metro | Toronto

Aspiring Jedi in Toronto will get a chance to awaken their inner Star Wars kid next month, when a massive lightsaber battle comes to town.

Hosted by Newmindspace, the "nocturnal showdown" is scheduled for Oct. 24. No venue has been announced, but organizers have promised it will be downtown, south of Bloor Street.

Star Wars fans duke it out in a lightsaber duel. TORSTAR NEWS SERVICE

Previous events organized by Newmindspace include outdoor Easter egg hunts and a massive public pillow fight.

The lightsaber battle is free to attend, but participants will have to pay $5 to reserve a glowing lightsaber.

SCARBORO MAZDA
Your Power Price Dealer

0% PURCHASE FINANCING† + GET UP TO A $4,500 CASH REBATE
ON SELECT MODELS FOR A LIMITED TIME

SEPTEMBER 2015
MON 21 TUE 22 WED 23

3 DAY SALE! OPEN TODAY FROM 9 AM

2015 MODEL CLEAROUT
LIMITED QUANTITES AVAILABLE!

2015 MAZDA 3 GX

$750 END OF SUMMER BONUS ON ALL 2015 MAZDA3 MODELS

GT model shown

LEASE FROM $79 at 2.49%* APR
bi-weekly for 60 months, $649 down. PLUS HST

MR PHANTASTIC A.K.A MIKE PHAN

mazda MAZDA GRADUATE PROGRAM
mazda MAZDA OWNER LOYALTY PROGRAM
upto an additional $1000 on select models

RESERVE A TEST DRIVE TODAY
1-888-355-0306
IN-STORE
2124 LAWRENCE AVE E
ONLINE
scarboromazda.ca
ZOOM-ZOOM

†0% APR Purchase Financing is available on select new 2015 Mazda models. §Cash rebates, Mazda Graduate and Loyalty Program rebates vary by term and model. See dealer for details. Offer available on retail leases of new 2015 Mazda 3 GX (D43K65AA00) with a lease APR of 2.49% and 130 bi-weekly payments of $79 for 60 months, the total lease obligation is $10,919, including down payment (or equivalent trade-in) of $649. Offer excludes HST. Offers include freight and P.D.E of $1,695; $5 OMVIC fee (all models), $23.75 Tire Stewardship fee (all models), and $100 Air Conditioning charge (where applicable). 20,000 km per year mileage allowance applies; if exceeded, additional 8¢ per km applies (12¢ per km for CX-9 models). Offers valid from Sep 1 - 30, 2015, while supplies last. Offers subject to change without notice.

IN BRIEF

Son charged in dad's death
A Toronto-area man has been charged in the death of his father. Police say they initially arrested Robert Watts, 23, of Ajax, for a driving offence, but their investigation led to charging him with second-degree murder of 65-year-old John Watts, who was found dead in South Frontenac, north of Kingston. His son appeared in court Friday and is due back in court Tuesday. THE CANADIAN PRESS

Toronto police name Uber driver in alleged assault case
Police have named a suspect after an Uber driver allegedly sexually assaulted a passenger. Police say a woman, 25, was attacked Sept. 15 in the vehicle as she was being driven home. The suspect is identified as Amritpal Singh, 21, whose Uber username is "Amritpal." He drives a 2014 Chevrolet Cruze with the licence plate BWMA 171. TORSTAR NEWS SERVICE

TALLBOYS

Drinkers' app covers 10 more parks in T.O.

An app that helps public drinkers dodge the police is expanding its coverage in Toronto.

Available on both iOS and Android, Tallboys lets users alert their fellow drinkers about police presence in local parks. The app launched in July and initially worked only in Trinity Bellwoods — a popular locale for thirsty hipsters.

The app's developer said it now covers 10 additional parks, including High Park, Toronto Island and even West Deane Park in Etobicoke.

"I realize West Deane Park is probably not on top of everyone's list to enjoy a tall can of beer, but what the heck," the developer wrote on Reddit.

Toronto police are aware of the app and told Metro that nothing about it is illegal. LUKE SIMCOE/METRO

Enter the station without ending the conversation.

Only WIND lets you enjoy Unlimited Data, Talk and Text in TTC stations.

windmobile.ca/subway

WIND true mobile freedom

The Union-Pearson Express started running June 6, carrying passengers between Union Station and Pearson airport.
STEVE RUSSELL/TORONTO STAR

UPX train ridership down 23%

METROLINX

Transit agency is 'pleased' despite decline in passengers

Luke Simcoe
Metro | Toronto

New numbers from Metrolinx show ridership on the Union-Pearson Express has dipped 23 per cent since July.

Two months ago, Metrolinx reported 3,250 passengers were using the service daily. However, a report slated to go before the transit agency's board this week says the service is now averaging only 2,500 riders each day.

Still, Metrolinx says it's "pleased" with the numbers.

"We anticipate that we will reach our daily ridership target of 5,000 riders by the end of the first full year of operation," the report reads.

Ridership has been a controversial issue since the airport rail link launched earlier this year. Critics claim that at $27.50 for a one-way trip (the fare is $19 with a Presto card), the service is too expensive to attract passengers.

Transit advocacy group TTCriders has called for UPX to be incorporated into the TTC and priced accordingly. The group did its own count of riders earlier this summer and found the 173-seat train was averaging only 14 passengers per trip.

"While these virtually empty UP Express trains pass us by … the thousands of residents who live in Toronto's west end are stuck in traffic or packed like sardines on the chronically underfunded and overcrowded TTC," Shaun Cleaver, spokesman for the riders group said in a press release.

Metrolinx spokeswoman Anne Marie Aikins said the initial numbers were reported after only two weeks of service, which included the opening day's events.

"Ridership is building and now that we are out of the low travel period of the summer we are seeing all the business and convention travellers," she said.

156

The train runs 156 times daily in both directions between Union Station and Pearson airport.

Swan song for the summer

We hate to break it to you, but September 21 is officially the last full day of summer. From music and movie festivals to mega sports events like Pan Am Games, the federal election campaign, the Drake-Meek Mill beef and everything in between, Toronto had yet another big summer to remember. Here is what some Torontonians will remember most.

GILBERT NGABO METRO

Abebe Kebede

A downtown cab driver for the past 15 years, Kebede has seen it all this summer.

The Pan Am Games and Toronto International Film Festival (TIFF) are the two events that filled his schedule — and his car — the most, but his best memory of the summer will be the Blue Jays' run of success.

"That really gives me a hype," he said.

"When they're winning, all you see is people's happiness. That's really crucial in our work, you know."

Robin Forbes

A University Health Network advanced care planner, Forbes will remember the good times she had during outdoor festivals.

In particular, the Spoons concert on Canada Day was a highlight for her.

"I just danced and goofed off. It was fantastic," she said, as she cooled off after running a half-marathon Sunday.

Peter Luczay

Luczay said he was fond of the Pan Am and Parapan Am games.

The owner of Iron Rose Tea Gallery, an ice cream café near Harbourfront, will never forget the sharp increase in clientele during the event.

"That time made a big difference so much for us," he said.

On a given day during the competition, Luczay estimates, an extra 50 to 60 people would stop by and shop at his business.

In the two years since he opened the business on the Harbourfront, he said it's the most traffic his shop has seen.

Jorgie Porgie

Since he was eight, the local rapper's favourite summer event has been Caribana.

"It's a million people coming to the city for the festival. Nothing beats that," he said.

Two years ago one of his friends had a truck during the carnival, and he got a chance to grab the mic and give revellers a taste of his rap talent for the first time during the parade.

HEALTHY MEN & WOMEN NEEDED
We are looking for healthy men and women to participate in clinical research studies
We are recruiting for study 3624 right now!
Period 1: Sept 25 to October 10
Period 2: Oct 24, exit Oct 26 or, Nov 07, exit Nov 09
P2 requires multiple returns
You will be compensated up to $6,000 upon completion of the study
PHARMA MEDICA RESEARCH INC.
416.759.5554
pharmamedica.com

Greens play a legal game

ELECTION 2015

Party files CRA complaint in bid to get May at Munk table

The federal Greens have filed a complaint with the Canada Revenue Agency in a last-minute bid to use the law to get their leader into an election debate later this month.

The Munk debate takes place one week from Monday and yet again Elizabeth May won't be on the stage with Stephen Harper, Tom Mulcair and Justin Trudeau.

To get her on the panel with the other leaders, the party has filed a complaint with the CRA saying the debate format violates the agency's policies that put limits on the political activities of charities.

The Aurea Foundation, a registered charity with the CRA, is helping fund the Munk debate on foreign policy.

The Greens argue that excluding May from the debate has put the foundation in violation of the Income Tax Act.

The law says it's illegal for a charity to directly or indirectly support or oppose a political party and are calling on the CRA to conduct an immediate audit of the charity's activities.

The party says it will withdraw the complaint if May is invited to the debate.

Munk debate organizers, the Aurea Foundation and the CRA could not be reached for comment Sunday.

In the letter sent to the CRA, party executive Emily McMillan writes that May was excluded from the debate because organizers only wanted to have the leaders of parties recognized as such under the Parliament of Canada Act.

With only two seats in the Commons, the Greens don't have party status. But McMillan argues there is nothing in the Parliament of Canada Act to limit the meaning of "political party" that would "justify the exclusion of Ms. May from the debate."

"The effect of not including Ms. May is to diminish the standing of the Green Party of Canada in the mind of the electorate, which amounts to an indirect opposition to the Green party," she wrote.

"The way that the Aurea Foundation is organizing the debate constitutes, we submit, support for the political parties whose leaders are being permitted to participate in the debate."

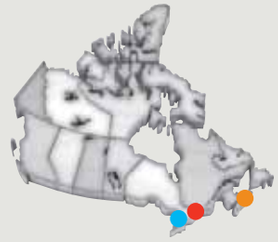
Similar letters signed by a party lawyer were delivered to the venue, Roy Thomson Hall in Toronto, the broadcaster, CPAC, and Munk debate organizers, the Greens said.

May was not invited to take part in a debate on the economy last Thursday organized by The Globe and Mail. Instead, she tweeted her responses and delivered her own zingers to an online audience via Twitter.

THE CANADIAN PRESS

The Green Party is trying to secure its leader, Elizabeth May, a seat at the Munk Debate. CHAD HIPOLITO/THE CANADIAN PRESS

WHERE THE LEADERS ARE MONDAY



- **Stephen Harper** will be in St. Jacobs, Ont.
- **Justin Trudeau** will be in Toronto and Ottawa.
- **Tom Mulcair** will be on the East Coast: in Charlottetown and Dartmouth, N.S.

Elizabeth May's itinerary was unavailable.

HALIFAX

End of watch for Erik

A retirement party like no other was held at the Maritime Museum of the Atlantic in Halifax on Sunday for one beloved, furry crew member, Erik the Red.

The little orange cat has been an RCO, or Rodent Control Officer, on the CSS Acadia at the museum since wandering onto the ship in 1999.

His job description is what you might expect: "dispatching of rodentia" below deck, according to Stephen Read, the Acadia's ship-keeper.

"Occasionally ... he would leave a little bit of the choice bits (of his kill) in the bottom of a shoe just to say 'thanks for looking out for me,'" said Read.

Read and Erik — who had cancer in his left eye and had to have it removed — have been shipmates since 1999. Erik will soon find new quarters with Read.

The harshness of spending winters aboard the ship, as well as Erik's age mean he must retire.

"Erik, like myself, was fine with it when he was a younger man," said Read.

HEIDE PEARSON/FOR METRO

WE NEED MALES & FEMALES

Are you a healthy, non-smoking,

MALE OR FEMALE 18 AND OVER?

- Free of daily medications?

If so, you may be eligible for our upcoming clinical research studies:

- We conduct weekdays as well as weekend studies.
- Compensation may range from $1,000 to $4,000 depending on the length of the study.

BioPharma SERVICES INC. Research. Results. Reliability.

CALL: 416-747-5246
Toll Free: 1-866-747-5246
Mon-Fri: 8am-6pm, Sat-Sun: 10am-6pm

4000 Weston Road, Toronto | www.biopharmaservices.com

IPPERWASH

George's brother burned

What was supposed to be a day of celebration for members of the Kettle Point First Nation was marred by a scene of chaos, anger and pain as the brother of slain protester Dudley George was burned at the side of a gas-soaked protest fire.

Kettle Point members were holding a four-kilometre walk on Sunday from their land, near Sarnia, Ont., to the site of a former army camp that's scheduled to be returned to the band. The walk was meant to celebrate a $90 million agreement with Ottawa for the land.

Some descendants of the 16 families from the army camp lands, known as Stoney Point, set a protest fire in front of the camp gatehouse. Other band members tried to put out the fire with small water containers, and onlookers say Pierre George was trying to pour a portable gas can on the fire to re-ignite it when the can fell and flames rushed up his arms and across his chest.

Some said he caught fire when the can was kicked back at him. Quickly removing his shirt, George was walking and talking to supporters while an ambulance was called.

The protesters oppose the new agreement, ratified in a vote by band members, as it returns control of the land to the entire band and not just to the families who lived on it prior to their removal in 1942.

Ontario Provincial Police say they are investigating the incident. They describe George's burns as serious, but not life-threatening. THE CANADIAN PRESS

FREE BadGut® Lecture

Inflammatory Bowel Disease (IBD)

This lecture, presented by the Gastrointestinal Society, will include an overview of Crohn's disease and ulcerative colitis. It will cover available treatments for these diseases, with a focus on diet. There will be time for questions.

When:
Wednesday, October 7, 2015
7:00 pm - 9:00 pm

Where:
Mount Sinai Hospital Ben Sadowski Auditorium
600 University Ave, Toronto ON, M5G 1X5

Speakers: A. Hillary Steinhart, MD, M.Sc FRCP(C)
Julie Cepo, Registered Dietitian

You must register in advance at ***www.badgut.org/events*** *or* ***1-866-600-4875***

badgut.org Gastrointestinal Society Société gastro-intestinale

Bell being with Bell just got better

Amazing devices. Amazing prices. That's just better.

Get the Samsung Galaxy S6 edge or the Samsung Galaxy S6 on sale now on Canada's largest LTE network.[1]

Samsung Galaxy S6 edge

~~$249.99~~ 2-yr. Plus plan with data $829.99 no term

NOW $199.99[2]

SIM card charge ($9.95) may apply.

Samsung Galaxy S6

~~$199.99~~ 2-yr. Plus plan with data $729.99 no term

NOW $149.99[2]

SIM card charge ($9.95) may apply.

NEXT IS NOW

Visit a Bell store • 1 888 4-MOBILE • bell.ca

Get expert advice today.
Visit a Bell store near you:

AJAX
- Durham Centre

ALLISTON
- 36 Young St.

AURORA
- 14799 Yonge St.
- SmartCentres Aurora

BARRIE
- 44 Cedar Point Dr.
- 632 Yonge Street
- Barrie Power Centre
- Georgian Mall

BOLTON
- SmartCentres Bolton

BOWMANVILLE
- Clarington Place

BRAMPTON
- 100 Great Lakes Dr.
- 10086 Hurontario St.
- Bramalea City Centre
- Shopper's World

BURLINGTON
- 1100 Walker's Line
- Appleby Crossing
- Burlington Mall
- Mapleview Mall

CAMBRIDGE
- 499 Hespeler Rd.
- Cambridge Centre

COBOURG
- Northumberland Mall

ETOBICOKE
- Cloverdale Mall
- Sherway Gardens
- Woodbine Centre

GEORGETOWN
- 330 Guelph St.

GUELPH
- 5 Clair Rd. West
- Stone Road Mall

LINDSAY
- 229 Kent St.
- Whitney Town Centre

MAPLE
- Rutherford Marketplace

MARKHAM
- 7357 Woodbine Ave.
- Markville Shopping Centre
- Pacific Mall

MILTON
- 377 Main St E.

MISSISSAUGA
- 980 Eglinton Ave. E.
- Creekside Crossing
- Dixie Outlet Mall
- Erin Mills Town Centre
- Heartland Power Centre
- Sheridan Centre
- SmartCentres Westgate
- Square One Shopping Centre

NEWMARKET
- Upper Canada Mall

NORTH YORK
- Bayview Village
- Centerpoint Mall
- Empress Walk
- Fairview Mall
- Lawrence Square
- North York Sheridan Mall
- Shops at Don Mills
- Yorkgate Mall

OAKVILLE
- 478 Dundas St. W.
- Oakville Place

ORANGEVILLE
- 114 Broadway Ave.

OSHAWA
- Oshawa Centre
- Oshawa Sobeys Plaza

PICKERING
- Pickering Town Centre

RICHMOND HILL
- Hillcrest Mall

SCARBOROUGH
- 259 Morningside Ave.
- Eglinton Square
- Malvern Town Centre
- Scarborough Town Centre

THORNHILL
- The Promenade

TORONTO
- 120 Adelaide St. W.
- 2256 Bloor St. W.
- 2171 Queen St. E.
- 2323 Yonge St.
- Chinatown Centre
- College Park
- Crossroads Plaza
- Dufferin Mall
- East York Town Centre
- Gerrard Square
- Holt Renfrew Centre
- Royal Bank Plaza
- Scotia Plaza
- The Stockyards Mall
- Toronto Eaton Centre
- Yorkdale Shopping Centre

UXBRIDGE
- 307 Toronto St. S.

VAUGHAN
- Vaughan Mills

WHITBY
- SmartCentres Whitby
- Whitby Mall

WOODBRIDGE
- 4080 Highway 7

Also available at:

THE SOURCE I WANT THAT

Offer ends September 30, 2015. Available within network coverage areas available from Bell Mobility where technology permits; see bell.ca/coverage. One-time connection charge ($15) applies. 9-1-1 government monthly fee in NL: $0.75, NS: $0.43, PEI: $0.70, NB: $0.53, AB: $0.44. Taxes extra. Other conditions apply. If you end your Commitment Period early, a Cancellation Fee applies; see your Agreement for details. Subject to change without notice. (1) Based on total sq kms on the shared LTE network from Bell vs. Rogers' LTE network. See bell.ca/LTE for details. (2) Available with new activations or upgrades with $80/mo. spend before tax ($60/mo. plan + $20/mo. for 500 MB data) or a $60/mo. plan if adding to an existing account. Promotional pricing may apply; visit bell.ca/rateplans for details. Samsung Galaxy S6 and Galaxy S6 edge are trademarks of Samsung Electronics Co., Ltd., used in Canada under license.

READY TO ENGAGE

Metro's coast to coast daily election series connects young, urban Canadians to the issues they care about

'I don't know what Canada stands for anymore'

ROSEMARY WESTWOOD
in Vancouver

Probably the only thing hotter than Vancouver's housing market is the ire of those it's burned.

They made headlines all summer long: the exodus of young professionals to other cities; the #donthave1million campaigners; the agitators of Generation Squeeze.

But Vancouverite Saeid Fard is "not super hopeful" that the four people campaigning to be the next prime minister care. As election issues go, housing affordability is hardly even on the periphery.

Fard, a 29-year-old president of a tech company, is an accidental activist. Just six months ago, he penned a blog post on the exorbitant cost of homes in Vancouver, the impact of foreign ownership, "the erosion of communities and the long-term viability of Vancouver's economy."

He'd just been to a few open houses, hoping to buy a detached home. He came back incredulous, and worried. "If I can't afford to enter this market reasonably, who can? I'm doing pretty well."

The post racked up 180,000 views in a few weeks. He wrote a follow-up column for the Globe and Mail. Fard "struck a nerve" with the young and middle class, but garnered little election traction.

Fard is unimpressed both by Stephen Harper's pledge to gather data on foreign ownership (why not just do it now?) and the NDP's housing strategy (it's focused on the lower income rental housing, not the buying power of the middle class).

The problem for politicians is that in order to bring house prices down, homeowners will need to lose equity. For all Fard's passionate call to action, he still calls that "political suicide."

Since no party is meeting his housing needs, Fard is falling back on secondary concerns to cast his vote: namely, climate change and taxation.

For someone who believes in traditional conservative principles, he's leaning towards an unlikely party.

He likes their carbon-tax proposal, and finds their economic policy similar to the Conservatives. He's not sure if that's a so-called wasted vote in his riding, but he might not care.

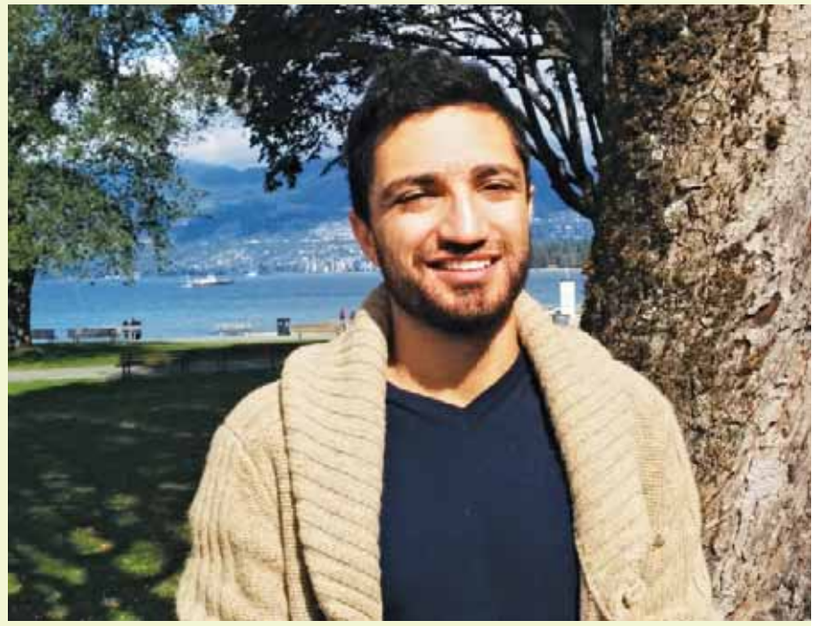
The current government's economic policy is short-sighted, he said — too focused on big business, rich people and resource industries, not focused enough on building a diversified economy and a strong tech sector.

The Conservatives rhetoric also misses the mark.

"All this ISIS and terrorism business. It just screams pandering and populism and preying on fear," Fard says.

Fard thinks Canada has fallen from a role as a global leader on human rights, the environment and peacekeeping. "I don't know what Canada stands for anymore," he says.

Rosemary Westwood is travelling across the country talking to young voters. Tomorrow: Jerilynn Webster in Vancouver.



VOTER PROFILE

Name: Saeid Fard **Age:** 29 **Riding:** Vancouver Quadra
His issues: Housing affordability, climate change, taxation

Young voters waiting to be found

STUDY

Millennials seeing limited exposure to ads, pollsters

Luke Simcoe
Metro | Toronto

Emily Jackson
Metro | Vancouver

Federal politicians are not good at making contact with young people. We know this.

A recent study by Samara Research found that while 75 per cent of Canadians over the age of 56 recalled being contacted by a federal leader, MP or candidate in the past year, only 55 per cent of those between 18 and 29 could say the same.

Vancouver-based nutritionist Mandy King is one millennial who hasn't heard from a politician this election period. Not a single candidate has come into her building to knock on her door or deliver flyers, so her exposure to political advertising has been limited to lawn signs.

"I don't feel like I'm their target market at all," she said. "I feel very confused about who I'm going to vote for."

Urban planner Mitchell Reardon, 30, shares her frustration. He too lives in an apartment without a landline or a TV. The only person who's knocked on his door so far was with advocacy group Leadnow to inform him he was in a swing riding.

"I haven't even heard from a pollster," Reardon said. "I get a sense that most of the parties haven't been particularly interested in trying to reach us."

The politicians themselves point out that there are practical challenges to keeping track of young would-be voters, many of whom live in downtown ridings: They often don't have landlines, and are therefore all but invisible to pollsters. They tend to move a lot. Some are students without permanent addresses who forward their mail to Mom and Dad's house.

Liberal candidate Adam Vaughan likes to refer to his Toronto riding of Spadina-Fort York, which is chock full of condo towers, as "the tallest riding in Canada." He says campaigning in such a dense, urban riding can be challenging.

As a result, Vaughan tries to "meet voters where they are." In a riding where fewer constituents own cars, that means canvassing in front of public transit stations or on street corners next to bicycle lanes.

Vaughan even knows the average condo in the riding has seven dogs per floor, so he spends a lot of time in dog parks.

Nearby, former MuchMusic VJ Jennifer Hollett is running for the NDP in University-Rosedale. As its name implies, the riding contains the University of Toronto, and much of Hollett's time has been spent signing up new voters who just arrived in the area.

Hollett is also one of the more active candidates on social media.

"It was my 40th birthday the other day, and in amongst all the birthday greetings on Facebook there was someone asking for a lawn sign," she said.

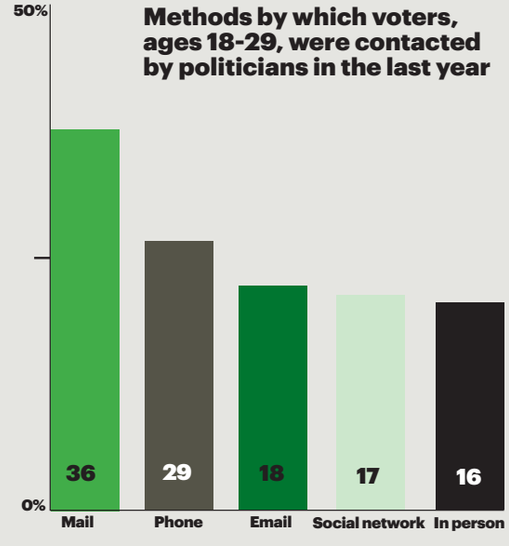
NDP candidate Olivia Chow talks to a woman outside a public transit station in Toronto on Sept. 18. STEVEN GOETZ/METRO

"I get a sense that most of the parties haven't been particularly interested in trying to reach us."
Mitchell Reardon, 30, downtown Vancouver resident

BY THE NUMBERS

Absent from the doorstep

According to a recent report by Samara Research, of the 55 per cent of Canadians between the ages of 18 and 29 who reported having been contacted by a federal politician in the last year, only 16 were contacted in person, which research has shown is the most effective method of increasing voter participation.



Left-wing win in Greek vote

POLITICS

Alexis Tsipras' Syriza party expected to form coalition

Jubilant supporters of Alexis Tsipras' left-wing Syriza party cheered, waved party flags and danced Sunday after the party comfortably won Greece's third national vote this year despite a rebellion within his party over his acceptance of a painful third international bailout.

With 44 per cent of the vote counted, Syriza stood at 35.5 per cent, with the conservative New Democracy at 28 per cent while the Nazi-inspired Golden Dawn was coming in third with 7.1 per cent, followed closely by the once-mighty socialist PASOK party with 6.3 per cent. Abstention was high, at nearly 45 per cent in an election-weary country with a traditionally high voter turnout.

Alexis Tsipras THE ASSOCIATED PRESS

Although Syriza was projected as falling short of an absolute majority in the 300-member parliament, Tsipras was expected to form a coalition government with relative ease. His former coalition partner, the small nationalist Independent Greeks, was set to win just above the 3 per cent threshold to enter parliament, while centrist parties have indicated they would agree to a coalition to ensure repeat elections aren't necessary.

New Democracy head Vangelis Meimarakis conceded defeat and called for a government to be formed quickly.

"The election result appears to be forming comprehensively with Syriza and Mr. Tsipras coming first," Meimarakis said. "I congratulate him and call on him to form the government that is necessary, and bring the (proposal) to parliament."

A total of eight parties appeared set to win parliamentary seats. The new anti-bailout Popular Unity party, formed by rebel Syriza members who objected to Tsipras' agreement to a third bailout for Greece, was projected to fall just shy of the 3 per cent parliamentary threshold.

A tired-looking Tsipras was hugged by party supporters as he arrived at Syriza headquarters, waving to the crowd gathered outside. THE ASSOCIATED PRESS

Supporters of the left-wing Syriza watch the election results in Athens, Sunday. Early results showed Syriza taking 35.5 per cent, with the conservative New Democracy at 28 per cent and the Nazi-inspired Golden Dawn coming in third with 7.1 per cent LEFTERIS PITARAKIS/THE ASSOCIATED PRESS

MIGRANT CRISIS

Dozens feared dead after Aegean accidents

Disasters at sea claimed the lives of dozens of migrants on Sunday, as desperate people fleeing war and poverty braved the risky journey to seek sanctuary in Europe.

Thirteen migrants died after their boat collided with a ferry off the Turkish coast, officials there said, while the Greek coast guard fanned out in the choppy waters of the Aegean Sea searching for another 24 people missing after their boat sank off the island of Lesbos.

Coast guard officials said nearly three dozen people were rescued in the two incidents, which followed another sinking near Lesbos Saturday, in which a 5-year-old girl drowned. Two bodies were found in Greek waters, but authorities aren't yet sure which shipwreck killed them.

The events highlight the risks that those fleeing the Middle East, Africa and Asia are willing to take in hopes of reaching sanctuary in Europe. Men, women and children continue to take the perilous sea journey despite the fact that thousands of earlier migrants find themselves blocked by closed border crossings in the Balkans.

Hungary's decision to shut its border with Serbia on Sept. 15 set off a chain reaction in Croatia and Slovenia that has forced people fleeing violence in their homelands to rush from one European border to the next as they desperately try to find their way north before the rules change again.

Thousands are on the move all over southeastern Europe as authorities struggle to respond. About 15,000 migrants crossed into Austria from Hungary and Croatia over the weekend.

Hungary erected yet another steel barrier, now at Beremend border post with Croatia, complete with a giant steel door to control the flow of migrants. The gate slowed the flow. But they just kept coming.

In the Austrian border village of Nickelsdorf, people arrived by foot after completing a half-an-hour walk from the Hungarian town of Hegyeshalom. From there, buses and trains take them to emergency shelters in Vienna and other parts of Austria.

Local officials struggled to find them places to stay, since many camps across Austria are already overcrowded. THE ASSOCIATED PRESS

IMMIGRATION

'No hope' for a family reunion: Refugee

Majd Agha wasn't sure what he would say to a crowd of reporters gathered outside a newcomer centre being built in Vancouver.

The 22-year-old Syrian refugee didn't prepare a speech. But still infuriated by news of a Hungarian camerawoman tripping and kicking migrants, he spoke eloquently and firmly about the need for Canada to do more.

"As long as you're Syrian, it's going to be extremely hard for you to come to Canada," he said.

The college student arrived in Canada in June 2014 with the help of the United Nations Refugee Agency, after an arduous journey. Ideally, Agha said, his family would try to immigrate to Canada. But they do not want to leave their homes permanently — and even if they did, the application would be pointless, he said.

"There's no hope," he said. "The application costs a lot of money, and if you're just going to be denied, then no, it's not worth it." THE CANADIAN PRESS

COMFORT TOUR Canada

MORE TOURS AVAILABLE ONLINE

» Washington » Philadelphia & Gettysburg
» Chicago » East Coast
» London / Paris

Lowest price per person based on double-occupancy. *Discount offer applies to new bookings only made after June 27, 2015. Discounts apply to Metro Readers only - Mention this ad at the time of booking to receive the discount. Offers cannot be combined.

$598* tax incl. SEP 24 OCT 1, 9, 15, 22, 29 NOV 19 more dates available

$498 plus tax SEP 25 OCT 10

MENTION CODE: 1515 AND RECEIVE $10 OFF PER BOOKING

$598* tax incl. SEP 24 OCT 9, 22 *Halloween Theme*

CALL NOW 416.642.0372 www.comforttour.ca toll free: 1 866 213 0371 90 Sherbourne Street, Unit 101, Toronto, M5A 2R1 tico.ca TICO #50013488

Yemen rebels free hostages

MIDDLE EAST

Captives were from the U.S., Saudi Arabia and Britain

Yemen's Shiite Houthi rebels have released six foreign hostages, including two Americans, and flown them to the Gulf country of Oman, which helped negotiate their release, officials said Sunday.

Oman's Foreign Ministry said two Americans, three Saudis and a British citizen were released following mediation efforts by diplomats acting on behalf of Sultan Qaboos bin Said, according to a statement carried by state-run media. It did not elaborate.

The White House confirmed that two Americans had been freed and sent to Oman, which it thanked for helping to secure their release. A statement from the National Security Council did not identify the Americans or detail the circumstances of their captivity or their release.

The White House said it had "worked tirelessly to secure the release" of the Americans since they were taken earlier this year.

"This outcome underscores that we have been and will continue to be tireless in pursuing the release of all Americans detained abroad unjustly, including those who remain in the region," the statement said.

A spokesman for a New Orleans-based logistics company, Transoceanic Development, confirmed that employee Scott Darden, 45, was freed. Darden was helping to deliver aid throughout the region for Transoceanic and relief organizations among its clients. It was not immediately clear who the other hostages were.

Yemen has been torn by a ferocious war pitting the Houthis and forces loyal to a former president against fighters loyal to exiled President Abed Rabbo Mansour Hadi, as well as southern separatists, local militias and Sunni extremists. The conflict escalated in March as a Saudi-led, U.S.-backed coalition launched an air campaign against the Houthis.

Officials from the Houthi media centre refused to explain why they had detained the hostages, but said at least one of them is a journalist who "entered the country illegally" and "worked without notifying the authorities."

A Houthi delegation left with the hostages to go to Oman, where they will resume talks with the UN envoy to Yemen, Ismail Ould Cheikh Ahmed, the Houthi officials said. The delegation is accompanied by another from the party of former President Ali Abdullah Saleh, who is allied with the Houthis, said Aref al-Zouka, the party's secretary-general.

Houthi spokesman Mohammed Abdel Salam held a press conference at the airport earlier Sunday. He refused to confirm the release of the hostages, saying only: "If we were to release anyone, it would be in exchange for the release of Houthis."

THE ASSOCIATED PRESS

A man in Yemen's Old City of Sanaa sits under a mural depicting a Saudi-led airstrike hitting Sanaa with Arabic writing that reads, "using bombs internationally banned". THE ASSOCIATED PRESS

IN BRIEF

Czech art group hits president below belt

A Czech art group has replaced the presidential flag over the Prague Castle with a piece of huge red male underwear in a jab at President Milos Zeman. The group known as "Ztohoven" said Sunday it is the proper flag "for a man who is not ashamed of anything." Zeman has expressed a critical view of the migrants coming to Europe and recently came back from a visit to China praising Chinese leaders.

THE ASSOCIATED PRESS

150 students fall ill from air defence drill smoke

More than 150 students fell ill in northwest China after breathing in smoke from a mock air defence evacuation drill, state media reported Sunday. Smoke was used to make Friday's drill at Yifu Experimental Middle School in Gansu province more realistic, but the volume generated was too large, said the official Xinhua News Agency.

THE ASSOCIATED PRESS

REFUGEE CRISIS
For millions of Syrians, home is no longer an option.
SHOW YOUR SOLIDARITY
Your donation will be matched
GIVE NOW >
CANADIAN CATHOLIC ORGANIZATION FOR Development and Peace
Text PEACE to 45678 to donate $10
devp.org • 1888 664-3387

HEATING AND COOLING EXPERTS.
WORK WITH SOMEONE WHO WORKS WITH THE BEST.
For fast, reliable service, call APPLEWOOD AIR CONDITIONING LTD.
LENNOX
RECEIVE UP TO A $1,500 REBATE*
plus no payments for 90 days* with the purchase of a qualifying Lennox® system
AND
RECEIVE UP TO $650 IN OPA REBATES†
APPLEWOOD AIR CONDITIONING
3525 Hawkestone Rd., Mississauga, ON L5C 2V1
905-275-4500
www.applewoodair.com
brendan@applewoodac.com
Est 1970 – Total Home Comfort Solution Provider.
45 Years. Four-time Dave Lennox Award Winners.
OFFER EXPIRES 11/27/2015.
*Rebate offer is valid only with the purchase of qualifying Lennox products. System rebate offers range from $200 – $1,800. See your participating Lennox dealer for details. Lennox dealers include independently owned and operated businesses.
†Visit https://saveonenergy.ca/Consumer/Programs/HVAC-Rebates.aspx for more information on the application process and list of qualifying heating and cooling equipment. © 2015 Lennox Industries, Inc.

Ad blockers hit websites

INTERNET

Chart-topping iPhone app pulled after just over a day

A top iPhone ad-blocking application was pulled from the App Store on Friday by its creator, amid a surge in interest in new programs to thwart marketing messages.

Programmer Marco Arment removed the Peace app after it spent more than a day as the most downloaded paid application at Apple's online shop.

"Achieving this much success with Peace just doesn't feel good, which I didn't anticipate," Arment said in a post at Marco.org.

"Ad blockers come with an important asterisk: While they do benefit a ton of people in major ways, they also hurt some, including many who don't deserve the hit."

The $2.99 app jumped to the top of the charts after the Wednesday release of updated iOS 9 Apple mobile operating software that allows the use of programs blocking ads from popping up while visiting websites using Safari web browser.

Apps populate the face of an Apple smartphone. EVAN VUCCI/THE ASSOCIATED PRESS FILE

While blocking ads promised to make surfing the Internet from iPhones or iPads faster and rein in telecom data use, it also sabotages what has long been the main way websites make money while providing free content or services.

> **You are essentially fast-forwarding through the commercials ...**
> Rob Enderle

"Of course, ads pay for properties on the Web," said independent analyst Rob Enderle, of Enderle Group.

"You are essentially fast-forwarding through the commercials the way people do with TV."

Skipping ads is not new, according to the analyst. Ad blockers have been options on desktop computers for some time, but the numbers of people who opt to turn them on have been low.

Meanwhile, mobile lifestyles involving smartphones or tablets have increasingly centred on using apps that sidestep web browsers all together.

Ad-blocking does not apply to apps, which are vetted by Apple before being allowed in the App Store and which come with the ability of Apple to share in revenue generated.

A study last month found that software that blocks online ads is expected to cost websites some $21.8 billion globally in 2015, and could rise further with the new iOS system, but some analysts questioned the methodology of the report.

A shift to blocking ads could have a silver lining, according to Enderle. Publishers who have been forced to put their content online for free while search engines make money off ads could see the rebirth of subscription models through paid apps.

AFP

IN BRIEF

Online seller launches two-hour delivery

Vancouver-based e-tailer Shoes.com has launched a two-hour delivery service — for a $19.99 surcharge — for select footwear products purchased on its Canadian site shoeme.ca as late as 4 p.m. The service debuts in Vancouver and Toronto, with plans to expand the offering to Calgary, Edmonton, Montreal and Ottawa by year's end.

THE CANADIAN PRESS

IRS wants more in taxes, interest from Coca-Cola

Coca-Cola says an assessment by the Internal Revenue Service that it owes $3.3 billion US more in taxes, as well as interest, for 2007 to 2009, is without merit. The maker of Sprite, Dasani, Powerade and other drinks says the dispute is over how much it should report as taxable income in the U.S., in relation with licensing that allows its foreign affiliates to sell products like soft drink concentrates to bottlers overseas.

THE ASSOCIATED PRESS

WORKPLACE ISSUES

Medical pot tests employers

As medical marijuana gains traction as a treatment option for a host of conditions including chronic pain and other conditions, Canadian employers could find themselves grappling with a sticky issue.

"Individuals have the right to equal treatment," says Jan Robinson, managing principal at human resources firm Morneau Shepell. "Medical cannabis now needs to be viewed like every other doctor-prescribed drug."

But although employers have a duty to accommodate workers' medical conditions, experts say that duty must be balanced with the need to keep the workplace safe. That can be challenging, especially if employees perform duties such as operating machinery.

> **Cannabis now needs to be viewed like every other doctor-prescribed drug.**
> Jan Robinson

Experts says the duty to accommodate comes with an important caveat — it must not result in undue hardship for the employer. While there is no strict definition of what constitutes undue hardship, MacDonald says the courts will consider factors including how much financial difficulty the company would endure and whether it would compromise workplace safety.

THE CANADIAN PRESS

SATURDAY SEPTEMBER 26
FREE WEALTH BUILDING 9am-12pm
FREE WEALTH BUILDING 1pm-4pm
Holiday Inn Express
40 Admiral Blvd.
Mississauga, L5T 2W1

1-888-88-REMIC (73642)
REGISTER NOW AT:
www.remicgta.com

FREE WEALTH BUILDING SEMINAR
- Invest for positive cash flow. ($500-$5,000 per Month)
- Buy your first home or investment property in JUST 45 days
- Invest in real estate with good credit, poor credit & no credit
- Invest in the GTA

NOW IN MISSISSAUGA

inflamax RESEARCH

DO YOU SUFFER FROM SEASONAL ALLERGIES?

Are you 18 years or older and have the following allergy symptoms:
- Itchy eyes
- Red eyes
- Watery eyes?

Contact us to learn more.

Located at 4500 Dixie Road in Mississauga

You may be compensated up to $2,000 upon successful study completion.

1-888-989-1808 | www.SneezeToronto.com

metro VIEWS

Tests showing popular flushable wipes don't disintegrate have researchers wondering if they're to blame for clogged sewer incidents, or if it's something else (like cooking grease).

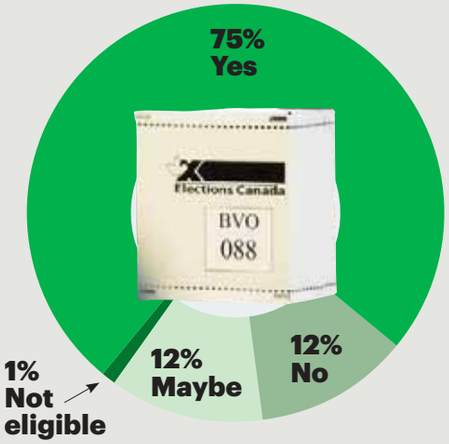
Metro MONDAY POLL

Not voting? Excuses, excuses

Visit metronews.ca every Friday to have your say.

In the 2011 federal election, 39 per cent of eligible Canadians did not cast a vote. According to Statistics Canada, the most common reasons given were "too busy" and "not interested." We asked our readers why they've neglected their civic duty (and if they might do it again this time around), and what issue is most likely to get them motivated to make it to the polls.

1 Will you cast a vote in the Oct. 19 federal election?



2 Please rank the issues most important to you in this federal election (this is the average rank).

1. Economy/jobs/taxes
2. Environment
3. Poverty and inequality
4. Health care
5. Infrastructure/transit
6. Seniors
7. Law and order
8. Education
9. Democratic reform
10. Global refugee crisis

3 If you're not voting (or you've failed to vote in the past), why?

31% I don't like any candidates or parties
8% I won't remember
8% I don't care
8% I will be out of town
8% I don't have the right ID
4% My vote won't count for anything
35% Other reason

"I'd like to be able to vote online."

"I like multiple candidates. I wish I could indicate who I do not want."

"Like most people, I don't really know anything about politics."

METRO READERS

Church of Privatization demands blind faith

TORY'S TORONTO

Matt Elliott

For some members of Toronto City Council, there are political beliefs so strongly held that they practically become religion.

Take, for example, the notion of contracting out city services to the private sector. For those who worship at the Blessed Church of Privatization, there's no doubt that contracting will always save taxpayer money.

But sometimes this kind of religion bumps up against reality, and things get silly.

We saw as much last week, with the release of a report put together by Toronto's solid waste management department.

The report includes a detailed analysis of current operations, where two of the city's four districts get their garbage, recycling and organics collected by private companies, while the other two get service from City of Toronto workers. After looking at current costs, long-term costs and the costs of redeploying city workers, the report recommends against further contracting out, because there are no projected cost savings. Some people didn't like that.

Mayor John Tory, who pledged to contract out all of the city's garbage collection during last year's mayoral election, quickly released a statement saying the report left "a number of unanswered questions."

Coun. Jaye Robinson, chair of the city's Public Works and Infrastructure Committee, followed that up with an op-ed in the Toronto Sun declaring the report "a real head-scratcher."

But I don't get what's so head-scratchy about any of this.

To get estimates on the potential costs of contracting out the remainder of the city's garbage collection, the report uses figures projected from actual bids received in 2011 and 2014. Short of going through a real bid process, it's hard to imagine how they'd get better estimates.

And to combat concerns that the city staff who wrote the report are somehow biased in favour of keeping collection in-house, the whole thing was reviewed by accountants at Ernst & Young, who agreed with the conclusion.

Then there are the cold, hard numbers. In 2014, the per-stop cost of collecting waste in Etobicoke's District 1, which is contracted out, was $142.86. In Scarborough's District 4, which has a similar urban environment and gets in-house collection, the cost was $126.90.

It's hard to spin that.

None of this means that further contracting out should be taken off the table forever. That's not what the report recommends. Instead, it suggests the city revisit these numbers every couple of years.

That's sensible, even if it does run contrary to Tory's campaign pledge. Following through on campaign promises that aren't supported by evidence is a bad idea, anyway.

More to the point, when decisions come down to political religion versus hard numbers, the smart move is to go with the numbers — always.

Following through on campaign promises that aren't supported by evidence is a bad idea.

Matt Elliott lives and writes in Toronto. Follow him on Twitter @GraphicMatt

metroview

Hate your opposing team, but not their fans. Be nice to them.

Jessica Smith Cross
Metro | Toronto

It's easy to hate the Yankees.

I hate them for breaking my heart at the Rogers Centre more times than I can count. And for the outrageous salaries the team can afford to pay. And for A-Rod. And those pinstripes. And A-Rod. I hate Yankees exceptionalism and how the team dominates baseball lore and the Baseball Hall of Fame. I hate how cool a Yankees cap looks on Beyoncé because, as a Jays fan, I can never wear one. They've been the archetypical enemy, the black (well, navy blue) hats, the bad guys of the baseball movie playing out in my brain since I was a child.

I went to New York for the last Jays series in the Bronx. It was my first time and I was nervous at the thought of sitting in the middle of the enemy bleachers.

On my way to the subway, wearing my hat and Bautista jersey, I heard a security guard, with a big voice and one of those fantastic New York accents, yell at me, "Let's go, Yankees!"— and break into a huge smile, and wave.

On the subway, an excited teenager in a Yankees' hat exclaimed in appreciation, "Girl's got her gear on! Got her gear on!"

The Yankees' kindness started with customs officers at Newark who, instead of asking for the details of my trip or anything relevant to national security, noted my cap and engaged me in a friendly Jays trivia quiz: How many games ahead are they now?

Well, I said, when I got on the plane it was 2.5, but I don't know if the game's over yet because I haven't been able to check the score. But when I last saw, we'd scored five runs in the first inning and were up five-nothing, sir.

That's right, we haven't been in the playoffs since I was nine and, yes sir, I'm very excited.

I was far from the only Jays fan in New York. The stadium was so full of us when we launched into cheers of "Let's Go Blue Jays," the Yankees fans had to work really hard shouting "Let's Go Yankees!" or "U-S-A!" loud enough to drown us out — then turn around, smile, and chat with us about the game we love again.

So hate the Yankees, not their fans. If you see them in Toronto this week, please, be nice to them. They were really nice to me.

On the (New York) subway, wearing my Bautista jersey, an excited teenager in a Yankees' cap exclaimed in appreciation, "Girl's got her gear on! Got her gear on!"

metro
Your essential daily news

STAR MEDIA GROUP PRESIDENT
John Cruickshank

VICE PRESIDENT & EDITOR
Cathrin Bradbury

VICE PRESIDENT & GROUP PUBLISHER METRO EASTERN CANADA
Greg Lutes

MANAGING EDITOR TORONTO
Angela Mullins

ADVERTISER INQUIRIES
adinfotoronto@metronews.ca
General phone 416-486-4900

FREE TO SHARE

PHILOSOPHER CAT
by Jason Logan

metro LIFE
Your essential daily news

Girls actress Allison Williams weds CollegeHumor co-founder Ricky Van Veen

Emmy favourites are clear

AWARDS

Transparent creator, star honour trans community

Lisa Weidenfeld
Metro | New York

Lady Gaga presents Richard Jenkins the award for outstanding lead actor in a limited series or a movie for Olive Kitteridge at the 67th Primetime Emmy Awards. For a full list of winners, visit Metronews.ca. THE ASSOCIATED PRESS

Andy Samberg broke into his Emmy-hosting gig with a long number about the sheer amount of scripted programming to watch, in a scripted bit. When it became clear how many shows he hadn't yet seen, he ran into an underground bunker to binge watch. A year later he emerged, unshowered, only to horrify Jon Hamm and Kerry Washington with his stench. Samberg looked a little nervous onstage. More than a few of his jokes fell flat.

The first award of the night went to Allison Janney, for best supporting actress in a comedy, who immediately tied a record with her win, as she's now the second most honoured actor at the Emmys, alongside Ed Asner. She thanked Chuck Lorre, creator of Mom, for developing such a "flawed character, and immediately thinking of me to play her." She ended on a serious note, by saying how glad she was that her show offered a vision of hope to people suffering from addiction.

The night also featured some big winners for the Amazon show Transparent, which took home both a directing award for creator Jill Soloway and a best actor award for Jeffrey Tambor. Both of them used the opportunity to speak up for the trans community, with Soloway pointing out that her parent could legally be turned down for renting an apartment in 32 states just for being trans. Tambor, when his moment came up, dedicated the award to the transgender community and thanked them for their patience, courage and stories.

One person who sadly went home empty-handed was Amy Poehler, who didn't end up winning in her final year for Parks and Recreation. Instead the award went to Julia Louis-Dreyfus for the fourth year in a row for Veep. Louis-Dreyfus looked flustered, and jokingly pretended to quote her own show, only to reveal the line "What a great honour it must be for you to honour me tonight" was actually a Donald Trump quote.

An early contender for quickest speech went to Frances McDormand, who, after winning for Olive Kitteridge, said only, "We're all here for the power of a story well told. Sometimes that's enough. Thank you." It wasn't the only victory for Kitteridge, which also took home honours for writing and directing, as well, for Jane Anderson and Lisa Cholodenko, respectively.

Tatiana Maslany, the Internet's favorite actress, also had her moment to shine, in a little taped bit where she used the empty red carpet as a good opportunity to search for some loose change and discarded jewels. She didn't find anything too expensive, but she did get a can of beans, which turned out to be a hot ticket item — she battled with Veep actor Tony Hale for it until they were both dragged out of the place by security.

TOP WINS

Transparent
- Jill Soloway, director, comedy series
- Jeffrey Tambor, actor, comedy series

Veep
- Julia Louis-Dreyfus, actress, comedy series
- Tony Hale, supporting actor, comedy series

Inside Amy Schumer
- Outstanding variety sketch series

The Daily Show with Jon Stewart
- Outstanding writing for a variety series

The Voice
- Outstanding reality competition program

THE ASSOCIATED PRESS

RED CARPET WATCH

Trends: Rock star-esque accents and canary yellow

Taraji P. Henson wowed in a custom lace Alexander Wang gown in black with bike-chain straps, and Amy Schumer stepped up her fashion game in a strapless blue Zac Posen as the Emmys parade of pretty kicked off Sunday in Los Angeles.

Henson paired her edgy look that had a tiny, triangular cutout below the breast with a bob and minimal jewelry. Of the designer, Henson said: "He was my first date to the Met ball so I thought he should shine tonight."

If two is a trend then count Claire Danes with Henson as she, too, went for chunky chain details, her look a purple sequin Prada with gold links at the shoulders and sides.

"It *is* a little rock star-esque," she said.

Kiernan Shipka, a fashion darling who regularly attends New York Fashion Week, wore a Dior Haute Couture cut-off ball gown paired with black wool cigarette pants and simple black pumps.

Joanna Newsom went way outside the box as she walked the red carpet with hubby and the evening's host, Andy Samberg, in a strapless Delpozo creation that had a big beaded oval appliqué on it. She appeared more kicky nun than wow.

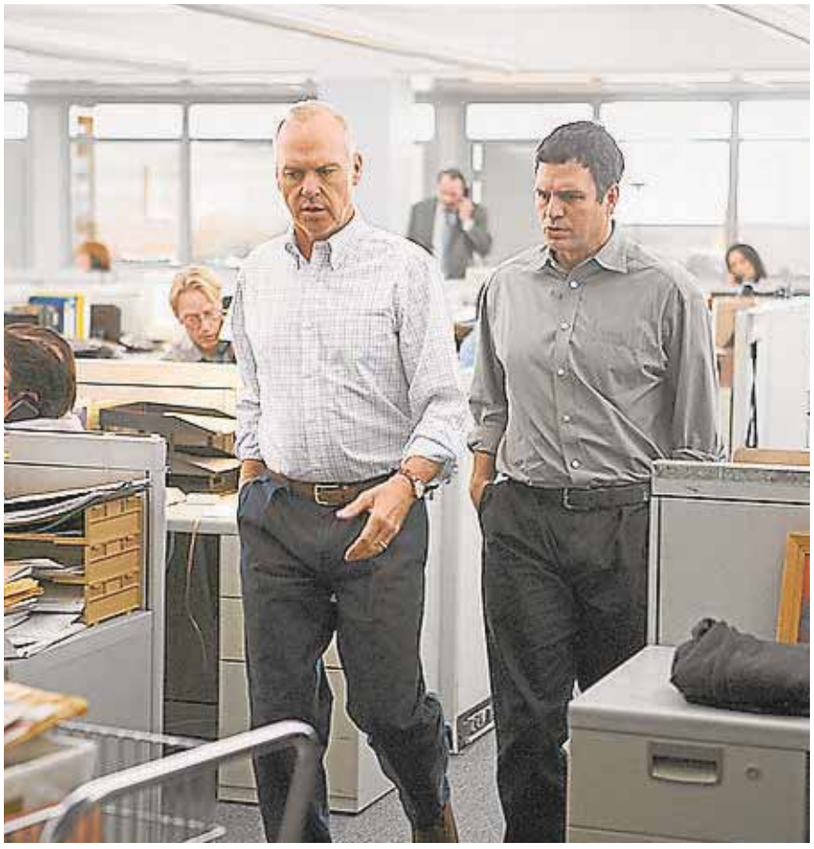
Some adored Heidi Klum's Versace confection with one long, flowing sleeve and a skinny strap on the other side. It was adorned with flowers and was sheer to the upper thigh. "I called Donatella (Versace) and I said, 'I have to have this canary yellow dress,' and here it is," Klum explained.

One of the early ladies in dramatic red was Laura Prepon in Christian Siriano. "I always love a train. Any chance I can wear a train, I wear train," she told InStyle the previous day. THE ASSOCIATED PRESS

Laura Prepon in Christian Siriano, Taraji P. Henson in Alexander Wang and Kiernan Shipka in Dior. GETTY IMAGES/THE ASSOCIATED PRESS

Five films we loved at TIFF

Ten days, more than 300 films and countless parties later, the 40th Toronto International Film Festival has drawn to a close. While audiences will have to wait to see how the TIFF titles fare in general release, we can at least now dish on what we liked and what we didn't. Here are Metro's picks for the best of the fest as well as the worst (with the caveat that it was impossible to see every entry). **NED EHRBAR** METRO TIFF



Spotlight

This powerful and entertaining look at the Boston Globe's uncovering of sexual abuse in the Roman Catholic Church is a clear winner, and that's not just journalistic bias. Expect to see the winning ensemble led by Michael Keaton and Mark Ruffalo a lot this awards season.

London Road

A film unlike anything we've seen before, Rufus Norris' "verbatim musical" is fascinating, harrowing and entertaining. You might even leave humming a few of its tunes.

Mississippi Grind

Ryan Fleck and Anne Boden deliver a loving throwback to '70s character-driven drama without it feeling dated. Ben Mendelsohn and Ryan Reynolds have never been better.

Land of Mine

A nerve-fraying look at a little-known piece of WWII history, this Danish gem about young German POWs tasked with disarming landmines may leave you rattled, but it needs to be seen.

Anomalisa

Screenwriter Charlie Kaufman's second film as a director sounds awfully quirky on paper — what with all the stop-frame animation — but the result is a warm, moving and lifelike story.

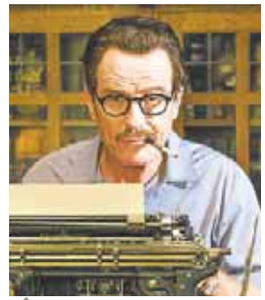
3 FILMS THAT MISSED THE MARK

1 Stonewall

Hoo boy. The controversy surrounding Roland Emmerich's gay rights period piece — with LGBT audiences bristling at the trailer's suggestion of how details may have been flubbed — may be the best thing going for the film.

2 The Dressmaker

A literary adaptation that's a total mess of tone and plotting, this Australian entry means well but is just too quirky for its own good. And poor Hugo Weaving and Judy Davis deserve better.



3 Trumbo

This could have been so good, but instead you have a loud and brash take on Hollywood history too concerned with celebrity impressions and elbowing viewers in the ribs to make sure they get it.

TIFF AND THE 2015 WINNERS ARE...

Room takes coveted People's Choice Award

Room has won the top prize at the Toronto International Film Festival.

The drama, directed by Lenny Abrahamson and starring Brie Larson and Vancouver's Jacob Tremblay, won the Grolsch People's Choice Award.

Based on Canadian author Emma Donoghue's novel, the story follows a mother and her young son, who believes the shed they live in is the entire world.

The inaugural Platform Prize, which is worth $25,000 and chosen by a jury, went to the Canadian film Hurt by Alan Zweig.

The Grolsch People's Choice Award is often a predictor of Academy Award success.

Last year's winner was The Imitation Game, which went on to get eight Oscar nominations, nabbing one golden statuette for best adapted screenplay.

Previous People's Choice winners that have nabbed best picture at the Oscars include 12 Years a Slave, The King's Speech and Slumdog Millionaire.

THE CANADIAN PRESS

Making movies for the love of God

WAR ROOM

Christian brothers cash in on the faith of filmgoers

Richard Crouse
For Metro Canada

Karen Abercrombie, left, and Priscilla Shirer star in War Room, which is now playing in theatres. CONTRIBUTED

> **We prayed for God to do something extraordinary, and now we're seeing it happen.**
> War Room filmmaker Alex Kendrick

No less an authority than Variety called War Room filmmakers Alex and Stephen Kendrick the "Steven Spielbergs of Christian cinema."

Modestly budgeted religious dramas Fireproof, Courageous and War Room, which recently unseated Straight Outta Compton to take the top of the U.S. box office and opened in Canada this past weeked, have connected with an audience that feels underserved by traditional Hollywood fare.

"Christians like a well-told story," says Alex on the line from his native Georgia.

"What we don't like is when our saviour's name is abused or taken in vain or our morals trashed so that keeps us away from many movies. It's amazing to me that if Hollywood knew how many movies we stayed away from on purpose because of some of the offensive aspects, they would change because it means much more money for them.

"We want well-told stories and that's what we want to do. The only difference is that my brothers and I try to make movies that leave the audience with something more than just entertainment or eye candy.

"We want to leave them with hope and inspiration and a reminder that God is real and he loves them and that he has a plan for their lives. That is what's most important to us, so I think the audience that is responding to War Room is resonating with that."

War Room, the story of a woman who learns to solve marital problems through the power of prayer, is the highest grossing faith-based film since Heaven is for Real made almost $100 million last year.

"We prayed that it would do something we did not expect. We're hearing so many reports where the people will stay in the theatres or in the hallways of the theatres and pray after they've seen the movie. I'm talking about across racial and denominational lines. It's been extraordinary," says Alex.

The filmmaker says he did not expect the film to be so successful — their previous films rose to approximately No. 4 at the box office.

"We prayed for God to do something extraordinary, and now we're seeing it happen, part of me says we can't be surprised at God, I can only be surprised at a movie on a human level doing this well."

No purchase necessary. One entry per person, per day. Contest open to residents of the cities of Vancouver, BC, Calgary and Edmonton, AB, Winnipeg, MB, Toronto and Ottawa, ON, and Halifax, NS, who have attained the age of majority in their province of residence as at the start of the Contest Period. Odds of winning depend on the number of eligible entries received in each city. One (1) prize is available to be won, consisting of an organic prize basket. Approximate retail value of each prize is $350 CDN. Each selected entrant must correctly answer, unaided, a mathematical skill-testing question to be declared a winner. Contest Period opens at 12:01 am ET on Sept 19, 2015 and closes at 11:59 pm ET on September 27, 2015. To enter and for complete contest rules visit www.clubmetro.com

Medical Marijuana Study

Toronto Poly Clinic is conducting an Ethics Board approved study on effects and safety of Medical Marijuana for Chronic Non-Cancer Pain conditions.

If you have chronic pain and other available treatments have not helped your condition you may be eligible to participate in this study.

You can ask your family doctor to fax a referral to
416 250 0323 or call 416 250 7171.

Toronto Poly Clinic does not charge any fees to patients for Medical Marijuana treatment study.

Toronto Poly Clinic
5460 Yonge Street Unit 204 Toronto
torontopolyclinic.com

Viet Cong vow to change their name after protests

INDIE ROCK

Musician Owen Pallett offers his take on the controversy

Nichole Jankowski
Metro | Canada

On Saturday, Polaris Prize shortlisted band Viet Cong issued a statement on Facebook announcing — belatedly, for many following the controversy — that they would be changing their name.

"Over this time we've been listening, talking and having lots of valuable conversations with the members of the Vietnamese community about the name," it reads. "Through this dialogue and hearing about what the name means to so many people, we have decided we will be changing the name of our band.

"We don't know what the new name of our band will be," they continue, while noting that they "owe it to our fans to honour the concerts we have booked." They will continue to play and promote their music under the same name for the time being. Four members, four voices — it was not an easy decision, they say.

The post, signed "Matt, Mike, Monty and Danny" acknowledges the hurt and painful reminders their name has caused members of the Vietnamese community, but offers no apology.

QUOTED
"You got the sense that they did want to change the name but that they did not also understand the full gravity of why they needed to do so immediately."
Musician Owen Pallett

Viet Cong say they will be changing their name, but don't know when this will happen. "The plan had been to wait until next year, but frankly this was starting to weigh very heavily on the members and the decision was made without all the moving parts in place," said their manager Ian Russell over email. DAVID WALDMA/HANDOUT

The statement comes after weeks of maelstrom: Toronto art space Double Double Land's refusal to allow the band to perform in their venue and the false alarm sounded on founder Jon McCurley's wall that the band was going to issue a name change; an article by Hooded Fang's April Aliermo published in Exclaim, which examines racism appropriation in her own community (the Canadian indie music scene), and our willingness to turn a blind eye; a further investigation of the debate in Chart Attack and a rumour that the band might make an announcement at Monday's Polaris Prize gala; and the knowledge that musician Owen Pallett and others may speak up at the ceremony.

Pallett, for his part, became involved only because he couldn't ignore the issue any longer. He sent an email to the band to let them know his take and what was at stake: "I'm going to be on mic at Polaris, there's a lot of other people going to be on mic at Polaris and I can't say nothing about this."

Pallett has since decided not to speak up about the issue at tonight's gala, where he will be honouring nominee Buffy Sainte-Marie. But he's not afraid to make his opinion heard.

"What frustrates me is the apoliticality of the current music scene," Pallett says. "It makes me feel like I am part of a scene that is behind the curve; that is especially insensitive."

"It does reinforce a stereotype of Vietnamese people," he says of Viet Cong.

This much the band cops to, in a roundabout way, when explaining how they settled on the name in the first place. Last year, in an interview with Impose Magazine, bassist and vocalist Matthew Flegel, 33, explains the name came from Hollywood films depicting Viet Cong as "badasses."

In an interview with The Guardian early this year, drummer Mike Wallace, 30, recalls Flegel pretending his bass was a gun (this is back around 2012 when the band was formed) and commenting: "All you need is a rice paddy hat and it would be so Viet Cong."

The members, including guitarists Scott Munro, 32, and Daniel Christiansen, 29, said they were ignorant to the history and have since become aware. They have said they get hate mail with every show. In Ohio, the band had a concert cancelled. The booker issued a public apology to Vietnamese and Vietnamese-American communities.

What their critics have found so frustrating is that in light of this new understanding, the band had until now refused to act.

"If they know they're hurting somebody and then they continue to do it, then they're intending to," says McCurley who feels like his voice, along with others in the Vietnamese community, has been marginalized throughout the controversy.

When asked whether he was pleased about the band's announcement, McCurley replied: "I don't mean to say they haven't done anything yet — they have done something. They wrote a nice letter about how they're keeping it for now."

In a statement to Metro, Ian Russell the band's manager, said that the band will not be releasing another album as Viet Cong. But could offer no timeline for the name change.

"The statement issued yesterday contains pretty much everything that the band can say on the topic," he said via email. "They are in pretty uncharted territory and we'll have to figure it out as they go."

YOUTUBE

Tyler Oakley opens up about eating disorder

Tyler Oakley. GETTY IMAGES

Emily Laurence
Metro | New York

Tyler Oakley is one of the funniest guys on YouTube.

Whether he's joking about how to stalk One Direction or throwing the slumber party of your dreams, his humour is a big part of why he racks up millions of views. But now, he's opening up for the first time about something serious: his struggles with an eating disorder.

"Talking about it is really hard because it's something I suppress and work through every day," he tells Seventeen magazine. "And I haven't really talked about body image in videos. I assume when people read this, they'll be like, 'Oh, you're not fat.' That's not what it's about at all. Even when I was the skinniest I'd ever been, I was still not happy."

Oakley is the cover star of the teen magazine's October issue. "With videos, meet and greets, and a million pictures a day, it's definitely a thing that I think about," he says in the cover story. "It's not about clothes fitting. It's not about feeling chubbier than normal. I'd beat myself up over a day that I'm not active. If I'm lazy, then I feel grody."

Oakley has a book coming out next month called Binge, and in it, he makes another startling confession: He was the victim of physical abuse at the hand of an ex-boyfriend, something he says even his mom didn't know about. Now, he admits to being in a much healthier relationship with someone else and is overall doing better physically and mentally. He hopes sharing his story will encourage others to get the help they need, too, he says.

DISCRIMINATION

Evan Rachel Wood speaks up about being bisexual

Hey, happy Bisexual Awareness Week, which is now! And just in case you weren't aware, Evan Rachel Wood is doing what she can to increase visibility, including a lengthy series of tweets about her own experiences being bisexual.

"The reality is that bisexual people face discrimination not only outside of our community, but also from within."

She was even more direct in discussing her own experiences: "I can assure you that whatever 'straight privilege' I sometimes get accused of having gets erased by biphobia," she tweeted. "I still feel like we have to constantly prove ourselves and our worthiness within the community. Point being, it's OK. We do exist. Don't let anyone make you feel unworthy."

NED EHRBAR/FOR METRO

Scrubbing your social media

Robin Buxton-Potts, who has worked on campaigns at all three levels of government and has political ambitions of her own, says she believes that in the future, people will be more forgiving of politicians saying something in a moment of passion. CONTRIBUTED

THE INTERNET

Should you care if certain info about you gets out?

Jessica Smith Cross
Metro | Toronto

Photos and video of me in a penis costume dancing down the streets of Niagara Falls were briefly posted to Facebook a few years ago.

Recently, watching candidate after candidate in the federal election apologize and resign over their Internet posts of the past, I've wondered, could my pics surface again? Should I care if they do?

I'd donned the costume to amuse a good friend on her bachelorette party, but I didn't want the colleagues and bosses I'd friended to ever see that side of me.

Even though those photos were taken down quickly after they were posted, if any of my friends — or anyone else who snapped many photos that night posted them again — they'd be out, and if I ran for office they'd be one effective attack ad.

Fortunately, I don't have any political ambitions. I decided to talk to a friend who does — and who wasn't at that bachelorette party — about how she's planning to deal with her Internet life if she decides to take the plunge into politics.

Robin Buxton-Potts has worked on campaigns at all three levels of government and is currently working on a Liberal campaign — so she's thought a lot about this issue.

She's scrubbed her social media accounts for photos she wouldn't want to get out, but knows that when she was younger she made some comments online that, if found and lifted out of context, could get her into trouble in the political world. Like most young people, it's too late for her to have never said or been photographed doing anything impolitic in the first place.

But she'll stand by her Internet past if it hits the media one day.

"I don't think that I would want to be in a political system that didn't understand I'm a whole person. I'd like to think I'd stand behind my comments," she said.

"That's probably a little optimistic and naive of me. But that is the way I'd want to do politics."

With younger people entering politics and running campaigns, she believes we'll all soon have a higher tolerance for people who are changing their minds, and those who say radical things out of passion.

Forgiveness should even extend to those who made racist or homophobic comments in their youth, she said, provided the candidate can really demonstrate that they and their views have changed.

"What's more upsetting to me is when people have made a comment and whether it was taken out of context or not, they apologize for it, rather than try to explain it," she said. "I'd like to think I'd try to contextualize what I was saying and be a little more honestly held to account for it."

Maybe I should apply that philosophy to my penis costume pics, too.

"I saw those," Buxton-Potts said, laughing. "And it didn't change my opinion of you one little bit."

TIPS

What you can learn from this election's turfed candidates on cleansing your Internet presence

1. Both Twitter and Facebook allow you to download your complete profiles. You can sift through your photos, and search for any controversial posts, and then delete them.

2. Do a Google search for your name, nicknames and any aliases you tend to use online, and deal with any comments and posts you've made — and may have forgotten — as you find them. Don't think they won't be found.

3. Look for anger. Anything you said in the heat of the moment — even if it seemed justified at the time — won't look as good out of context in the light of day.

4. Look for humour. Just because you were joking, or being ironic, or thought you were being subtle in some way, doesn't mean you won't get in trouble.

YORKDALE DUFFERIN MAZDA
WE DO IT BETTER, WE DO IT FOR YOU!

mazda

WE PUT THE "ENGINE" IN RE-ENGINEERED.

SKYACTIV TECHNOLOGY

Efficiency in motion is just the starting point.

Mazda's SKYACTIV TECHNOLOGY takes it even further by making your drive better. With a lighter, stronger chassis, a smarter transmission for faster downshifts, and an engine re-engineered to help get the most power out of every last drop of fuel, we created a vehicle that responds to the driver to deliver an unsurpassed driving experience.

Experience SKYACTIV TECHNOLOGY first hand.
Reserve your test drive today.

2015 MAZDA 3 GX MODEL

D4XK65-AA00

PRICE $15,824 + HST ONLY
freight & pdi included

2015 MAZDA 6 GX MODEL

G4XL65-AA00

PRICE $23,824 + HST ONLY
freight & pdi included

2015 MAZDA 5 GS MODEL

E6SD65-AA00

PRICE $20,524 + HST ONLY
freight & pdi included

2015 MAZDA CX 9 GS MODEL

QVSB85-AA00

PRICE $32,024 + HST ONLY
freight & pdi included

Now, you can drive as much as you want, as far as you want.

Mazda UNLIMITED*

3-YEAR NEW VEHICLE UNLIMITED MILEAGE WARRANTY
3-YEAR ROADSIDE ASSISTANCE UNLIMITED MILEAGE
5-YEAR POWERTRAIN UNLIMITED MILEAGE WARRANTY
7-YEAR ANTI-PERFORATION UNLIMITED MILEAGE WARRANTY

STANDARD ON ALL 2015 AND 2016 MODELS.

VEHICLES SHOWN MIGHT NOT BE EXACT MODELS SOLD. ADVERTISED PRICES ARE CASH PRICE ONLY. PRICE INCLUDES FEIGHT, PDI, AIR TAX, OTS TIRE TAX AND OMVIC FEE EXCLUDING HST. OFFERS VALID SEPT 1 - 30 2015.

2014 alg RESIDUAL VALUE AWARD
BEST OF THE BEST • GRAND PRIX
BEST NEW SMALL CAR (UNDER $21,000)
BEST NEW SMALL CAR (OVER $21,000)
auto 123 com. 2014 CX-5 COMPACT UTILITY OF THE YEAR
2014 MAZDA6 CANADIAN CAR OF THE YEAR AWARD

VISIT YORKDALE DUFFERIN MAZDA.
zoom-zoom

mazda

www.YorkdaleDufferinMazda.ca
416-789-4521
2451 DUFFERIN STREET

DUFFERIN ST. 401 YORKDALE MALL LAWRENCE AVE. CASTLEFIELD AVE. EGLINTON AVE WEST

Facing up to your debt: Part 2

DEBT

Get real about interest and pay more than the minimum

Gail Vaz-Oxlade
For Metro Canada

YOUR LIST MIGHT LOOK LIKE THIS

List item	Interest rate	Amount owed	Minimum payment
Credit Card	18.9%	$3,000	$120
Department CC	28.8%	$700	$28
Consolidation	12%	$21,000	$650
Line of Credit	8.5%	$15,750	$120
Student Loan	6.5%	$13,400	$110
Overdraft	9.75%	$1,300	$0
			Total Owed: $55,150

Last week I asked you to make a list of your debts and add up what you owe (excluding your mortgage). Remember, this is *all* your debt because you need to get real about what you owe and what it's costing you.

Did you leave anything off your list (other than your mortgage, which is OK)? Did you use your RRSP to make a down payment? On the list! Have you taken home furniture or electronics that you're hoping you'll have the money to pay for with the buy-now-pay-later comes due? On the list! Have you borrowed money from family or friends? On the list!

Every month you make your minimum payments like a good little borrower, and then you pat yourself on the back for making your minimums on time so you have a great credit score. Now it's time to figure out what that debt has been costing you. Why? Because if you don't know, that's why you think it's OK to walk around with all that debt. Seeing what you're spending in interest should be enough to scare you into debt-repayment action.

> **Making only the minimum payments on debt is ... like being caught in a hamster wheel: You're constantly running, but you never get anywhere.**
> Gail Vaz-Oxlade

Back to your debt list. Take the first amount you owe and multiply it by the interest rate and then divide by 100. That gives you how much interest you're paying on that debt in a year. But we want monthly amounts, so you'll have to take that number and divide it by 12.

Here's an example. On a credit card with a $3,000 balance at 18.9 per cent, it's costing 3,000 x 18.9 ÷ 100 ÷ 12 = $47.25 a month in interest. Hey, that's not so bad.

Go back to your list of debts and do the interest calculation for everything on your list. Then add up the total amount of interest you're paying every month.

Remember, whatever that amount ends up being, it's not doing a thing to get you out of debt. That's just the interest — the rent you pay on the money you've borrowed.

Making only the minimum payments on debt is a really bad idea. It's like being caught in a hamster wheel: You're constantly running, but you never get anywhere.

If the minimum payment on that credit card with the $3,000 balance was $65 a month, and of that $47.25 was going to interest, that means you're only paying $17.75 a month off the balance. Want to know how long you're going to be paying off that card? Divide the balance you owe by the amount you're actually paying off: 3,000 ÷ 17.75 = 169. Yup, 169 months or 14 years! Lord love a duck!

All that time you'd be paying interest, right? Yes, it would be on a declining balance, but still, that's a lot of interest, more than double the amount you originally charged to the card. Sticking with the minimum means those $160 shoes you bought on your credit card would cost you closer to $480.

Only you can decide how long you're prepared to take to get out of debt. My rule of thumb is to aim to have your consumer debt paid off in 36 months or less to avoid debt fatigue.

Debt fatigue is what happens to you when you've been in a debt hole for so long you can't even imagine not being in debt. You throw your arms up and happily charge your next vacation because, hey, debt is always there.

You've already figured out what the monthly interest cost is on each of your consumer debts. Once you've decided on your debt-free date, you simply divide what you owe by the number of months until that date. So if you want to be debt free in 18 months, you would divide each balance you owe by 18 to see how much you have to pay off the principal to get there. Add your interest cost and you've got your debt repayment amount.

If you need more of a step-by-step, go grab a copy of Debt-Free Forever and I'll hold your hand the whole way.

Once you add up all the monthly repayment amounts, if that amount seems overwhelming, don't freeze. Don't throw your arms up and say, "It's impossible." Nothing is impossible if you are determined. How long you're prepared to live in misery is up to you. You can keep mewling about how hard it is to get to even. But while you're whimpering, you're paying a ton of interest, too, money that could be better used doing something nice for someone you love: you.

For more money advice, visit Gail's website at gailvazoxlade.com

RELATIONSHIPS

Daters like it hot and rich

What we're looking for in a potential partner changes according to our life situation and those with desirable traits really do have a stronger bargaining hand, according to one of the biggest studies on the mating game in which 28,000 heterosexual people in the U.S. aged 18 to 75 chimed in.

"We looked at the extent to which attractiveness and resources are 'desirable' versus 'essential' to men and women when they are looking for a long-term partner," says co-author David Frederick, PhD, assistant professor of psychology at Chapman University.

What you find desirable in someone depends first and foremost on your gender, according to the study, more so than your age, income, education or self-confidence.

While men have stronger preferences for slender, good-looking women overall, wealthier men and highly confident people prioritized looks more than women and older men. Men and women put equal emphasis on how "specifically attractive their partner is to them," (40 and 42 per cent, respectively).

In the mating game, there are traits people consider essential and traits they would like, but could live without.

As for looks, 92 per cent of men said it's essential for them to find a good-looking woman, compared with the 84 per cent of women who reported good looks being essential in a potential suitor. Being with a woman with a slender frame was essential to 80 per cent of men, yet only 58 per cent of women said the same for their male potentials.

A steady income was an important partner trait for 74 per cent of men and 97 per cent of women, according to the study. AFP

ONLINE BEHAVIOUR

If you wouldn't say it or tweet it, don't write it on LinkedIn

Eleni Deacon
For Metro Canada

Why most professionals join LinkedIn: to cultivate contacts.

How many LinkedIn members seem to actually use the site: endorsing acquaintances for skills they may or may not possess, posting (but rarely updating) their resumés, forgetting to accept invitations to connect.

And then there are those who hijack the site for a less-profesh purpose: creeping.

Earlier this month, 27-year-old British lawyer Charlotte Proudman found herself at the centre of an Internet uproar when she told off an older colleague for a sexist message he sent via LinkedIn. "This is probably horrendously politically incorrect but that is a stunning picture!!!," wrote 57-year-old Alexander Carter-Silk, a senior barrister at a top London firm. As if three exclamation points weren't enough to prove his admiration, Carter-Silk went on to tell Proudman that she had the best LinkedIn picture he had ever seen.

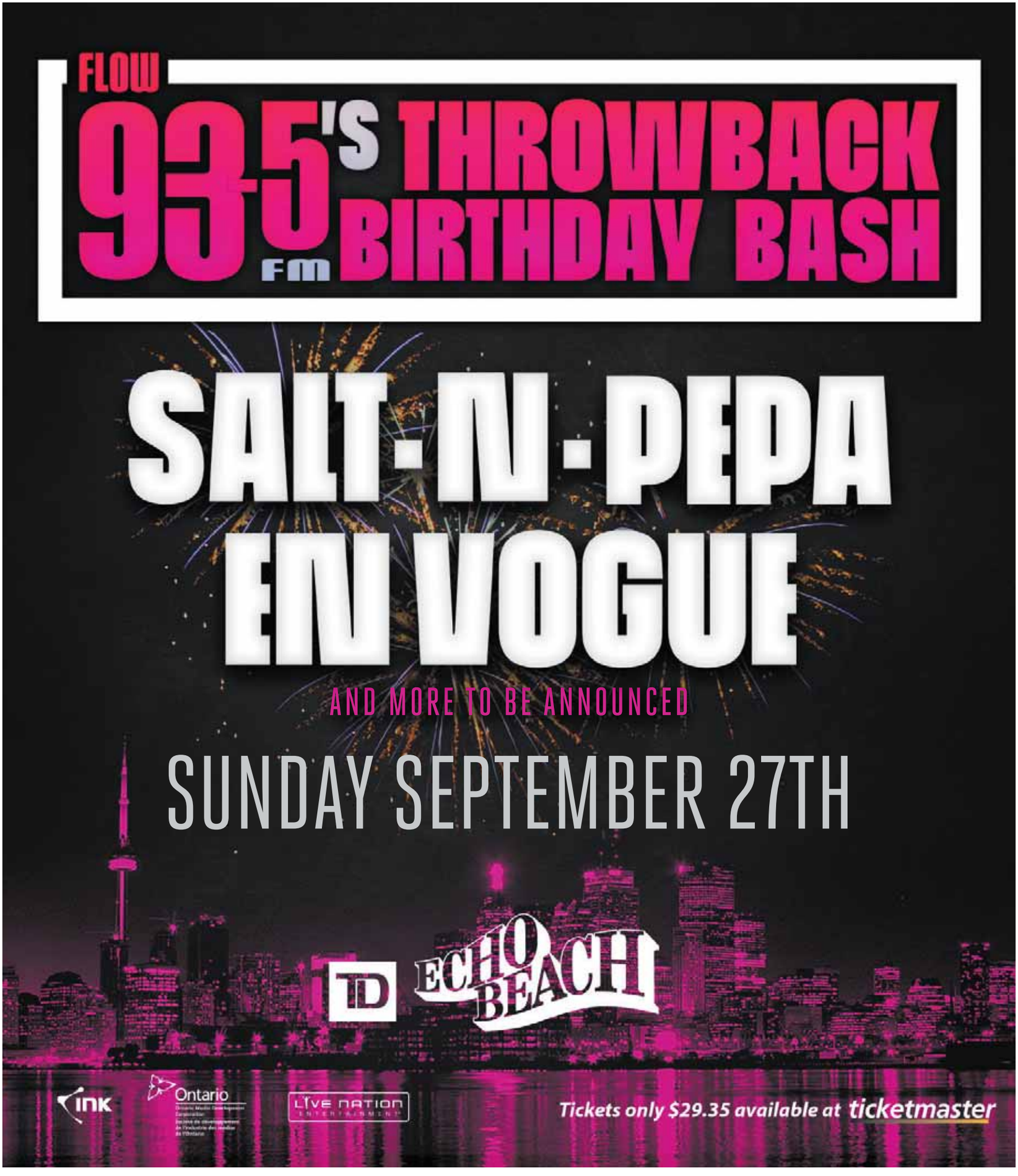
She told Carter-Silk that his note constituted "unacceptable and misogynistic behaviour," and explained that this type of unsolicited flirtation sidelines women's professional merits — then screen-grabbed their exchange and posted it to Twitter. In the ensuing viral fallout — as so often happens when a woman publicly confronts sexism — Proudman was labelled a "feminazi" and received multiple death threats.

The incident prompted an important discussion about how women are perceived and addressed in professional contexts. Proudman's less virulent critics have accused her of striking back too hard: Carter-Silk's message was demeaning, they agree, but his very public shaming was too harsh a punishment for the crime.

Carter-Silk probably felt comfortable making his comments because of the medium on which they were sent. He would presumably not have cornered Proudman, a stranger whom he had never met, in the halls of a courthouse to shower her with three-exclamation-point compliments. As such, he failed a basic LinkedIn litmus test: if your actions would be weird in the IRL workplace, they're not right for LinkedIn.

This story, however, is not just one of LinkedIn line-crossing. Their conversation would never have made headlines if Proudman hadn't posted it to Twitter. But as Carter-Silk learned, problematic behaviour easily jumps platforms. Not only is it inadvisable to say anything on LinkedIn that you wouldn't say in person — it's inadvisable to say anything you wouldn't want posted on Twitter.

Charlotte Proudman.
CHARLOTTE PROUDMAN/LINKEDIN


FLOW
93.5 FM
'S THROWBACK BIRTHDAY BASH
SALT-N-PEPA
EN VOGUE
AND MORE TO BE ANNOUNCED
SUNDAY SEPTEMBER 27TH
TD
ECHO BEACH
ink
Ontario
LIVE NATION ENTERTAINMENT
Tickets only $29.35 available at ticketmaster

Bracing for cold and flu season

PUBLIC HEALTH

How bad could this year's flu season be? Here's the intel

Jacqueline Kovacs
For Metro

Sometime after the back-to-school rush has ended and the holiday music starts, it hits: Cold and flu season. Since each year is a little better or worse than the last, you may be wondering what's in store this time around. Turns out, the pros are wondering, too. Kind of.

"It's difficult to predict how much influenza activity there will be," said Dr. Allison McGeer, director of infection control at Toronto's Mount Sinai Hospital.

Influenza accounts for about one-third of influenza-like respiratory infections.

"Last year, we had a really bad season and, on balance, things tend to average out, so you'd expect something milder this year," McGeer said. "But we really don't know."

Over at St. Michael's Hospital, Dr. Matthew P. Muller, medical director of infection prevention and control, agreed. "In terms of the big picture, we know what will happen every year. In late fall to early winter, the rate of becoming ill with influenza rises rapidly. Then it peaks and tapers off."

But how widespread or severe this year's flu will be remains a nasty unknown.

What both experts do know is that getting the flu vaccine remains one of the best ways to protect yourself — no matter how mild or severe this year's bug will be.

"You're always better off with it than without it," McGeer said. "You'll either avoid the flu altogether, or if you get it, you'll be much less ill."

You will also help keep those who are more vulnerable safe from the illness. Most at risk are the elderly, young children and those whose immune systems are compromised due to such things as HIV/AIDS or chemotherapy.

McGeer said that not everyone gets hit with the flu the same way. While some may be achy and feverish, others may get mild symptoms they could dismiss as a cold. In both cases, you can still spread the virus to family, friends and co-workers.

The bottom line, Muller said, is to be altruistic to those around you and get your flu shot.

It's difficult to predict how severe the flu season will be. So protect yourself. SHUTTERSTOCK

Getting the flu vaccine remains one of the best ways to protect yourself. SHUTTERSTOCK

Protect yourself and others around you

If you take public transit, work with others, shop in busy malls, have kids, go to movie theatres ... in short, if you have any close contact with people, you will be exposed to one of a couple hundred common cold viruses, as well as several main strains of influenza viruses in the coming weeks.

But short of travelling in a sterile bubble, how can you protect yourself? Here's what top infection control experts recommend.

GET THE FLU SHOT

You hear this every year. And in the next breath, someone tells you they got the flu from the shot or got it weeks later, so why bother?

For one, said Dr. Matthew P. Muller, medical director of infection prevention and control at Toronto's St. Michael's Hospital, the influenza viruses in the flu shot are dead and cannot give you the flu. People who get sick afterward were likely incubating the virus already. Those who get sick weeks later generally have a milder case of the flu than they would have had without the shot.

Use hand sanitizer that is at least 60 per cent alcohol. A recent study found a 14 per cent reduction in flu and respiratory illnesses associated with frequent handwashing. SHUTTERSTOCK

KEEP YOUR HANDS CLEAN

Using either soap and water, or a hand sanitizer that is at least 60 per cent alcohol, aim to wash your hands at least five times a day.

"You want to actually be able to remember those five times," said Dr. Allison McGeer, director of infection control at Toronto's Mount Sinai Hospital, adding that a recent study found a 14 per cent reduction in flu and respiratory illnesses associated with frequent hand washing.

DON'T TOUCH YOUR FACE

You probably don't even realize how often you rub your eyes, scratch your nose, touch your forehead or cheeks.

But, McGeer said, "without thinking, most of us touch our faces about eight times an hour."

And eyes and noses are prime entry points for viruses to leap from our hands and enter our bodies.

WASH THAT WATER BOTTLE

How many times do you reuse a refillable water bottle without washing it?

"Throw it in the dishwasher at the end of the day," McGeer said. "All of these unsanitary habits are associated with increased risk of influenza."

JACQUELINE KOVACS/FOR METRO

GERMS

Avoid the post-party blues

Are you feeling wrecked after that office holiday party? While the glass (or glasses) of cheer may be partly to blame, so might that shared bowl of sweet or savoury treats.

"We see it often enough," said Dr. Matthew P. Muller. "It's a big winter party, there's a bowl of food and everyone is sticking their hands in there."

All it takes is one infected person to get saliva or other droplets onto that shared food and, before you know it, more people are sick, too. What to do?

"Stick to wrapped or packaged foods if you can," he said. "Or put a scoop in the bowl and have paper plates available."

JACQUELINE KOVACS/FOR METRO

Advil and heads up
Advil prepares you for cold season with fast and effective relief of symptoms from coughs to congestion.
Advil and go
™

TAKE AN ADDITIONAL

$3 OFF ON SELECT ADVIL COLD PRODUCTS

ON SALE NOW AT MOST OF YOUR FAVOURITE RETAILERS

BE SURE THIS PRODUCT IS RIGHT FOR YOU. READ AND FOLLOW THE LABEL.

TO THE DEALER: You will be reimbursed on the face amount of the coupon plus normal handling charge provided you, as our agent, receive it from a customer on the purchase of any Advil Cold product, excluding Advil Cold & Sinus 10's size. Other applications constitute fraud. Failure to produce on request, invoices proving purchases of sufficient stock to cover coupons presented will, at our option, void coupons. Application for redemption accepted from principals only. All coupons submitted for redemption become the property of Pfizer Consumer Healthcare, a division of Pfizer Canada Inc., P.O. Box 3000, Saint John, N.B. E2L 4L3. TO THE CUSTOMER: Where applicable, consumer must pay tax. Offer good only in Canada, excluding Quebec. Limit one coupon per purchase per customer. Not to be used in conjunction with any other offer. Void where prohibited by law. Expiry date: November 30, 2015

12927278

metro SPORTS
Your essential daily news

Pau Gasol scored 25 points as Spain beat Lithuania 80-63 to regain the Eurobasket title

Rare blunders from Jays allow Red Sox to succeed

MLB

Solid defence shows cracks, Toronto's lead at top narrowed

SUNDAY In Toronto

4	3
RED SOX	BLUE JAYS

The Toronto Blue Jays' usually smooth defence was due for a misfire. Toronto had three errors and other defensive miscues as the Boston Red Sox rallied past the Blue Jays 4-3 on Sunday afternoon, their second straight loss.

"We've been playing outstanding defence so we're due for a clunker like this," said starting pitcher Mark Buehrle, who was charged with an error in the fourth inning. "We've just got to come back tomorrow and be ready for the Yankees."

The Blue Jays open a crucial three-game set with the New York Yankees on Monday in Toronto. Sunday's loss narrowed the Blue Jays' lead over New York in the American League East standings to three games before the Yankees' game against the Mets.

Buehrle, who has won four Gold Gloves (2009-12), pitched six solid innings, giving up eight hits and three runs. Relievers Liam Hendriks, Brett Cecil, Mark Lowe and LaTroy Hawkins all came out of Toronto's bullpen.

Lowe allowed Pablo Sandoval's decisive run for the Red Sox (71-77), although he had reached base on an error by Cecil (3-5), who earned the loss as a result.

"Unfortunately, a lot of things didn't go our way," said catcher Dioner Navarro. "But we've got to go through that adversity. We'll be alright."

Navarro had a home run for Toronto (85-64), while Ben Revere had an RBI single. Jackie Bradley Jr. drove in Sandoval with a sacrifice fly to deep centre field for the winning run in the eighth inning. Outfielder Kevin Pillar made an impressive throw to try to get Sandoval out at home, but the ball skidded on the hop to Navarro and bounced away.

Russell Martin, pinch hitting for shortstop Ryan Goins in the ninth, brought the 46,743 in attendance to their feet with a two-out double, but that was as close as Toronto got to tying the game and forcing extra innings.

Rich Hill (1-0), making his second MLB start since 2009, struck out 10, giving up seven hits and three runs over seven innings for Boston. Noe Ramirez pitched an inning of scoreless relief before Robbie Ross Jr. came in for the save.

Navarro put the Blue Jays ahead 2-0 with a two-run shot just to the right of the left-field foul pole. He drove in Edwin Encarnacion who had led off the second inning with a single to left field.

Toronto continued to rally after Navarro's homer, as Kevin Pillar reached base on a dribbler to first, sliding into the base. Goins then hit a single and Revere made it 3-0 with a single that plated Pillar.

Xander Bogaerts' smart base running chipped away at Toronto's lead, scoring on an error charged to Buehrle. David Ortiz had grounded out to first baseman Chris Colabello, with Buehrle covering the bag. Bogaerts ran to third base when he realized none of the Blue Jays were covering it and Buehrle's throw bounced past Josh Donaldson into foul territory, allowing the Red Sox shortstop to score.

Boston's Travis Shaw tied it at 3-3 with an RBI single in the fifth inning, driving in Mookie Betts and Bogaerts with a hit to shallow left field.

THE CANADIAN PRESS

Dalton Pompey slides back to first on a pick-off attempt during Sunday's game at Rogers Centre. STEVE RUSSELL/TORSTAR NEWS SERVICE

> **We've been playing outstanding defence so we're due for a clunker like this.**
> Toronto Blue Jays starting pitcher Mark Buehrle

IN BRIEF

Alouettes' victory comes straight outta Crompton

Jonathan Crompton threw touchdown passes to Samuel Giguere and S.J. Green in his first game back from an injury and the Montreal Alouettes defeated the Winnipeg Blue Bombers 35-14 on Sunday afternoon.

Stefan Logan returned a punt for a TD and Boris Bede booted four field goals and added two points on kickoff singles for Montreal (5-6), which has won three of its last four. The win put Montreal, last in the East Division, one win ahead of West clubs Winnipeg and B.C. in the race for a crossover playoff spot.

THE CANADIAN PRESS

Oilers bolster defence by re-signing Swede Klefbom

The Edmonton Oilers moved to solidify their defence over the long term Sunday, signing blue-liner Oscar Klefbom to a seven-year contract extension.

The deal, which begins after 2015-16, is worth a reported $4 million a season for the 22-year-old from Karlstad, Sweden.

"This is what you dream for. You want to write this kind of a deal when you're a small kid," Klefbom told reporters after practice at the Leduc Recreation Centre. Klefbom, a first-round draft pick of the Oilers in 2011, has played just 77 games over the last two seasons in the NHL.

THE CANADIAN PRESS

Toronto Maple Leafs' head coach Mike Babcock runs the training camp in Halifax. ANDREW VAUGHAN/THE CANADIAN PRESS

MAPLE LEAFS TRAINING CAMP

Babcock's tactics come fast and furious

New Toronto Maple Leafs coach Mike Babcock's practices are fast-paced and force players to think quickly as they would in a game.

"There's not much standing around. It seems like everything's pretty snappy," says Peter Holland, who is entering his third season with the Leafs.

Babcock is also quick with his whistle if players aren't doing a drill correctly.

"When he's stopping the drills short, it's to make sure we're in the right position and it's to help us get better quicker," Holland said. "That's good. I mean, at this point of the season especially, he wants to make sure we're doing things right and hopefully it becomes second nature."

The impromptu lessons happen to veterans and prospects alike as the new coach runs them through breakout drills designed to reduce the bungling that leads to turnovers and having to play too much defence.

"I think we're past last year. This is a new year and I think you saw what was expected," captain Dion Phaneuf said. "There was some real good work put in by everyone."

> **There's not much standing around. It seems like everything's pretty snappy.**
> Maple Leafs' Peter Holland

Fans in Halifax gave the players a warm welcome and the players say they got a morale boost from that. They also went golfing and visited a navy frigate to do some team bonding.

Mitch Marner, the Leafs' first-round pick this past summer, described Babcock's practices as "crazy."

"They're explosive," Marner said. "it's a lot of fun to be out there when he's coaching."

On top of trying to hammer home the finer points on the ice, Babcock has given players homework by asking them to watch game tape of the Detroit Red Wings, the team he coached for 10 seasons.

THE CANADIAN PRESS

Patriots receiver Julian Edelman scores a touchdown as Bills safety Aaron Williams gives chase during Sunday's game in Western New York. TOM SZCZERBOWSKI/GETTY IMAGES

Brady dampens Buffalo's fervour

NFL

Bills loss kills fans' attempt to set volume record

Tom Brady was a buzzkill in Buffalo once again.

In silencing a raucous crowd and exposing Bills coach Rex Ryan's brash talk for bluster, Brady threw three touchdowns and 466 yards passing — the second-most of his career and most by any player against Buffalo — in leading the New England Patriots to a 40-32 win Sunday.

And when it came time to have the last word, Brady shrugged by saying he could have done even better.

"We had a lot of good plays, but I think we left a lot of plays out there," Brady said. "But it's great to be 2-0."

It was an all-too-familiar performance from a quarterback who has feasted on the Bills during a 15-year run of dominance. Brady improved to 24-3 against Buffalo, while the Patriots are now 27-3 in the past 30 games against their AFC East rivals.

Ryan might be the Bills new coach, but he's seen this type of performance from Brady before.

"I've been on the wrong end of it a few times when the kid gets hot, and Brady was hot," Ryan said, before turning his attention to Patriots coach Bill Belichick. "It's on my shoulders. Belichick outcoached me. No question about it."

SUNDAY In Orchard Park

PATRIOTS	BILLS
40	32

Ryan then used a profanity in explaining how poor of a job he did.

The Bills had a scare when starting safety Aaron Williams was loaded into an ambulance on the field and taken to the hospital after sustaining a neck injury late in the third quarter. The team announced Williams was released from the hospital after undergoing a series of tests.

Discipline was also a big problem. The Bills were penalized 14 times for 140 yards.

Brady took the air out of what began as a raucous environment at Ralph Wilson Stadium. Bills fans were buzzing all week in a bid to set a record for loudest outdoor stadium. They even raised enough money to have a Guinness World Record official on hand to measure the decibel level. The results were not revealed and fans began heading for the exits in the final minute of the third quarter.

"They gave us tremendous energy," linebacker Jerry Hughes said of the fans. "We just didn't come out and play with that energy for all four quarters." THE ASSOCIATED PRESS

Martial looking like real deal

PREMIER LEAGUE

United rallies to beat Saints; Canaries hold hosts Liverpool

At this rate, Anthony Martial might be a bargain.

Martial continued to repay the hefty fee Manchester United paid Monaco for him by scoring twice to spearhead a 3-2 win over Southampton in the Premier League on Sunday. Martial became the most expensive teenager ever in a deal that raised eyebrows on deadline day, but now has three goals in two league games.

"I have to say he is doing great," United manager Louis Van Gaal said. "He has the talent for it but when you are 19, you cannot expect consistency. Mostly they shall have dips. So that, I expect, but that is not a big problem for me. He has adapted to the system, that is important."

Danny Ings scored his first goal for Liverpool but couldn't prevent his team from extending its winless streak in the league to four games after a 1-1 draw against Norwich at Anfield — despite Daniel Sturridge returning after a lengthy injury layoff. In the day's early game, Son Heung-min netted his first league goal to give Tottenham a 1-0 win over Crystal Palace.

At St. Mary's stadium, United went behind after a strike by Graziano Pelle, but Martial equalized with his first chance in the 34th minute. Juan Mata lost the ball when he was tackled by Maya Yoshida and Martial capitalized, spinning strongly away from Virgil van Dijk before slotting a shot past Maarten Stekelenburg.

Five minutes into the second half, Martial was gifted his second.

Yoshida drastically under-hit a pass back to his goalkeeper and Martial collected the ball and clinically threaded the ball into Stekelenburg's far corner.

Pelle pulled one back for Southampton, but David De Gea helped United hold on.

In Liverpool, Christian Benteke lasted 45 minutes alongside Sturridge before being replaced by Ings at halftime due to a tight hamstring.

"It is disappointing and frustrating not to get the three points," Rodgers said. "We didn't pass the ball well in the first half but second half we created more opportunities. We had chances to win the game but didn't take them." THE ASSOCIATED PRESS

> **I've not slept a wink ... I was running on empty towards the end.**
>
> Norwich captain Russell Martin, who scored against Liverpool Sunday after dashing across England through the night to see the birth of his son.

Anthony Martial has three goals in his first two BPL matches. TIM IRELAND/THE ASSOCIATED PRESS

BPL TABLE

	W-D-L	PTS
Man City	5-0-1	15
Man Utd	4-1-1	13
West Ham	4-0-2	12
Leicester	3-3-0	12
Arsenal	3-1-2	10
Everton	2-3-1	9
Swansea	2-3-1	9
Palace	3-0-3	9
Tottenham	2-3-1	9
Watford	2-3-1	9
Norwich	2-2-2	8
West Brom	2-2-2	8
Liverpool	2-2-2	8
B'mouth	2-1-3	7
Chelsea	2-1-3	7
S'hampton	1-3-2	6
Aston Villa	1-1-4	4
Stoke City	0-3-3	3
Newcastle	0-2-4	2
Sunderland	0-2-4	2

Top 4 qualify for Champions League

Sonny Bill Williams of New Zealand looks to pass as Ramiro Herrera of Argentina, right, comes in to tackle on Sunday at Wembley Stadium in London. SHAUN BOTTERILL/GETTY IMAGES

RUGBY WORLD CUP

Apprehensive All Blacks survive Argentina

As statements go, New Zealand's was less than convincing as the most experienced test team ever seen was given a serious scare by Argentina before prevailing 26-16 in its opening match of its Rugby World Cup defence on Sunday.

The All Blacks looked vulnerable as they lost the plot in the face of a fiercely ambitious Argentina side unimpressed by the famous jersey and famous faces.

This was supposed to be a relatively comfortable opener for the All Blacks, who have never lost to the Pumas and beat them 39-18 in July.

But familiarity with the All Blacks from playing them twice a year has bred in the Pumas belief that they are not far behind the world champions.

Such was the effort by Argentina, to lead into halftime and until the end of the third quarter, that it drew a standing ovation at full-time from the Wembley crowd of 89,019 in London, exceeding the 2003 final in Sydney as the biggest ever to watch a Rugby World Cup game.

New England coach Steve Hansen and captain Richie McCaw paid credit to Argentina, and admitted they were rusty.

"There was also lots of apprehension," Hansen said.

"Now that's out of the way, you'll see all teams settle down, you'll see improvement, and execution. We didn't execute what we wanted to do, and it gives us something to work on." THE ASSOCIATED PRESS

OPENING WEEKEND

Japan turned its first matchup with mighty South Africa into the biggest shock in Rugby World Cup history on Saturday when the 1,000-1 no-hopers won 34-32.

Also on Saturday, Canada was thumped in its opener, 50-7 by Ireland.

Toronto District School Board

Community Notice

The **Toronto District School Board** will be running **Secondary School Cross Country Meets** on the following dates across the city.

Tuesday September 22, 2015 Stan Wadlow/Taylor Creek Parkland 3:00pm – 6:00 pm

Wednesday September 30, 2015 Ashtonbee Reservoir Park 1:30pm – 4:00 pm

Thursday October 8, 2015 Centennial Park (Etobicoke) 3:00pm – 6:00 pm

Friday October 9, 2015 G. Ross Lord Park 1:00pm – 4:00 pm

Students will be running on a marked course throughout the parks during the noted times above.

IN BRIEF

Super Seba has sights set on MLS playmaking history

Sebastian Giovinco continues to take the MLS by storm. But the Toronto FC star is taking his lumps from opposition players.

After scoring twice and setting up a third goal, Giovinco was pulled in the 84th minute of a 3-1 win over the Colorado Rapids Saturday. TFC coach Greg Vanney said he made the move in part because the diminutive Italian was growing hot under the collar.

"He'd prefer to be protected (by the officials) a little bit more over the course of games," Vanney said after Saturday's match.

Giovinco now has 19 goals and 14 assists in his debut MLS season. With five games left, he is tied for second in MLS history for goals and assists combined in a single season.

The record of 34 was set by Chris Wondolowski in 2012. THE CANADIAN PRESS

THE CANADIAN PRESS

Day shoots into No. 1 spot

Jason Day's easy win Sunday at the BMW Championship in Illinois confirmed what his rivals have known for several weeks now: The Aussie is the best golfer on the planet.

Day's final round of 2-under 69 is his second win in the FedEx Cup playoffs and vaulted him past Jordan Spieth and Rory McIlroy into No. 1 in the world rankings. THE ASSOCIATED PRESS

Jason Day GETTY IMAGES

GETTY IMAGES

Vettel wins in Singapore

Ferrari's Sebastian Vettel overcame the shock of coming across a track intruder mid-race and won the Singapore Grand Prix on Sunday, while runaway championship leader Lewis Hamilton suffered his first retirement of the season, injecting new life into the fight for the Formula One title. THE ASSOCIATED PRESS

PSYCHIC

SPIRITUALIST OMAR
Very Powerful Spiritualist, Medium and Healer with a Special Gifted Power to:
- Reunite loved ones, marriage and family.
- Good luck in finding lasting soul mates.
- Help with erectile dysfunction.
- Help with court cases.
- Lucky charm for individuals and business.
- Helps with children and family problems.
- Protection against enemies and evil spirits.
- Helps relieve negative energy.

Thank you Omar for bringing my boyfriend back in my life. We are in a much better place now...we no longer argue and he is very sweet and kind to me. - LISA

CONFIDENTIAL Payment after results 100% guaranteed 647-707-2315

AFRICAN MEDIUM & PSYCHIC MR. IBRAHIM!
SPECIALIST IN BRING BACK LOVED ONES FOREVER
I can Help you Problems: Marriage, Court case, Business, Depression,Bond,Families, Stop Divorce,Helps with Stress Removal, Bad Luck Evil eyes, Jadoo & Negative Energy,
LOVE EXPERT
MASTER IN AFRICAN OCCULT ACTIVITIES
VISIT ONCE & FILL HAPPINESS IN YOUR LIFE FOR GOLDEN FUTURE.37 YEARS EXP.
QUICK RESULTS 100% GUARANTEE 416-783-3910

KALBHAIRAVA FAMOUS ASTROLOGY CENTER
PANDIT: SHIVA BABA
35 Years Exp., NUMBER 1 IN WORLD
IF YOU BELIEVE IN YOURSELF, COME & GET 100% GUARANTEED SOLUTIONS
Tells Past, Present & Future of your Life, Solves Problems like Sickness, Education, Work, Marriage, Court, Enemy, Black Magic, Secret Matters Etc
CALL FOR 1 FREE QUESTION
647-622-0554, 647-706-2365
3005 Islington Ave, Unit #1B, North York ON M9L 2K9 (Between Steeles & Finch) Intersection - Islington Ave & Millwick Dr
1062 Albion Rd Etobicoke ON M9V 1A7, Inside POOJA HUT (Albion & Islington)

INDIAN ASTROLOGER & PSYCHIC
Master: VINOD RAJ
OVERPOWERS IMPOSSIBLE PROBLEMS
HEALTH, JOB, MONEY, LOVE, MARRIAGE,DIVORCE, EDUCATION, COURT, ENEMY, SEXUAL, BUSINESS ETC
Experienced Astrologers Treats Black Magic,Voodoo, Jadoo, Evil Spirits,Obeya & Bad Luck & Gives Immediate Protection
100% GUARANTEED RESULTS
647-761-7799
3069 Hurontario St, Mississauga
Upstairs Baha Jewellers, Next to Charlie Grocery, (HURONTARIO & DUNDAS)

ASTROLOGER & PSYCHIC
Pandit: SIVA GURUJI
Solves all Problems
Love * Marriage * Kids
Education * Business* Job
Money * Health * Sexual
Family Prob * Enemy*Court
100%-Removing Black Magic*Evil Spirits*Obeya*Voodo*Jodo*Bad Luck*Jealousy*Witchcraft* And Gives Strong Protection...
647-761-9916
1141 Morningside Ave #42 Scarborough M1B 0A7 (Morningside & Sheppard)

Sri Santoshi Mata Astrologer
Master: DURGA RAJU
GENERATION TO GENERATION ASTROLOGER
GOOD SOLUTIONS for Problems like LOVE * VISA * COURT * MONEY
HUSBAND-WIFE * CHILDREN ETC
We Solve your Problems with
Explanations & Give Perfect Solutions
Expert in Removing Black Magic, Jadoo, Vodoo, Evil Spirits & Give 501% Permanent Protection
501% GUARANTEED
Disappointed with other Astrologers ? this is RIGHT TIME to meet GURUJI
647-716-1159
1589 Albion Rd, Unit 242, Etobicoke M9V 1B6
Opp SUNNY FOOD MART, Private House
(MARTIN GROOVE & ALBION)

World Famous Astrologer & Psychic
PANDIT: YESHWANT
100% GUARANTEE
EVERY PROBLEM HAS A SOLUTION...MEET ME ONCE
Overpowers Impossible Problems
HEALTH * JOB * MONEY FAMILY PROBLEM * JEALOUSY
LOVE * MARRIAGE * DIVORCE * ENEMY * EDUCATION
SEXUAL * COURT * CHILDREN MISTAKE * BUSINESS ETC
An Expert Spiritualist treats Black Magic, Witchcraft, Jaadu, Obeau and gives 100% Immediate Protection
416-473-7097
#30 - 2300 LAWRENCE AVE. E., SCARBOROUGH, ON M1P 2R2. OPPOSITE DOLLARAMA, (KENNEDY & LAWRENCE)

Fortune Teller & Psychic
Master: RAVI VARMA
SPECIALIST IN DESTROYING ALL PROBLEMS
Solves Problems: Health, Family, Business, Marriage, Kids, Love, Jealousy, Finance, Divorce etc
REMOVES BLACK MAGIC, JADOO
OBEYA& PROVIDES 100% PROTECTION
Swamiji has come to CANADA to help you, Meet him for permanent Solutions
647-631-1585
KEELE & FINCH (Beside Cash Money)

ASTROLOGICAL & PSYCHIC CENTER
Pandit: SHIVA KRISHNA
Specialist in Removing Black Magic, Jadoo, Vodoo & 100% Gives Protection
100% GUARANTEE
Solves Problems Like Love, Money Family, Health, Children, Jealousy Etc
Are you Disappointed with other Astrologers ? then meet me to Get 100% Solutions
416-454-7835
JANE & FINCH Jane & Finch Mall)

World Spiritual Astrologer & Psychic
Pandit: SRI SAI
I AM BORN TO SERVE PEOPLE
ALL RELIGIONS WELCOMED
100% GUARANTEE
Business, Love, Marriage, Education, Job Money, Children, Court, Husband-Wife, Relationship, sexual, personal matters etc.
Removes Black Magic & Gives 100% Life long Protection
Call: 647-272-3586
2895 Derry Road E Mississauga L4T 1B5 (Airport & Derry)
2131 Jane St, North York (Jane & Wilson)

INDIAN FAMOUS ASTROLOGER & PSYCHIC
Master Hari Krishna
OVERPOWER IMPOSSIBLE PROBLEMS
EXPERT IN PALM, FACE READING & DATE OF BIRTH
Passed from Generation to Generation
Removes Problems like Money, Court Love, Business, Education, Depression Enemy, Sexual, Health, Marriage Job
Removes Black Magic, Evil Spirits & Gives 100% Protection
Powerful & Godgifted Spiritual Healer.
HE CAN HANDLE ANY KIND OF PROBLEMS
416-276-6233 2519Finch Ave W, North York M9M 2G1 (Near Finch & Weston Rd) FINCH & MILVAN

SRI RAJA RAJESHWARI ASTROLOGER
Indian Special Astrologer
Pandit: KRISHNA
Expert in Palm reading, Face Reading, Patra Reading & Photo Reading
1 FREE QUESTION $10 Hand Reading
Pandit is expert in Removing Black Magic, Voodoo Generation curses, Evil Energy, Witchcraft & Bad Luck
With the Blessing of Kali Matha and Durga Matha, He will Remove all Bad Negativity & Solves Problems
416.804.9217 630 Peter Robertson Blvd, Brampton ON L6R 1T4
Inside AP DOLLAR CASTLE Peter Robertson Boulevard & Dixie Rd Intersection.

INDIA'S NUMBER #1 ASTROLOGER & PSYCHIC
Pandit: MANJUNATH
FREE READING ON MONDAY
Palm, Face & Photo Reading
Master helps in Problems: Depression, Family, Husband-Wife, Love, Kids, Jealousy, Money, Court, Enemy etc
SOLUTION TO ALL PROBLEMS, LOVE GURU
Removes Black Magic, Jadoo, Voodoo, Witchcraft Butu,Witchcraft & Gives 100% Lifelong Protection
1123 Albion Road Unit #101, Etobicoke ON M9V 1A9 NEXT TO MADRAS DOSA (ALBION & ISLINGTON)
647-405-6717
Meet once & Get 100% Solutions

DANCE

Academy of Spanish Dance
academy@flamencos.net
www.flamencos.net
416-595-5753
¡Flamenco!
Join our fall term classes now!
New classes for beginner adults and children
Academy of Spanish Dance
401 Richmond St W, B104 (at Spadina)

FINANCIAL

EasternLoans.com
NEED MONEY TODAY ?
$500 Loans And Up
NO CREDIT REFUSED
APPLY NOW 1-855-223-9313

Save THOUSANDS and be debt FREE
MR Debt Solutions
416.424.1510
Up to 75% Debt Reduction
Pay ZERO INTEREST
Free $100 Gift Card
* Home Service Available
* Credit Rebuild Program
* Free Credit Check
www.mrdebtsolutions.com

MoneyProvider.com
$500 Loan and more
No credit refused
Fast, easy and secure
1-877-776-1660
www.moneyprovider.com

LOWEST RATES for bad credit loans since1984
Need a loan?
FAST Same day loans
Personal loans ▸ Up to $5000 (1 yr on job; $18/hr.min.req.)*
Car paid off? ▸ Up to $20,000 (car 6 years or newer)*
Open loans. Pay off early. Get refund.
416 634-2026 *Call for details and conditions
PrudentLoanApprovals.com A division of Prudent Financial Services

We want YOUR opinion!

Join our Online Reader Panel and help make your **Metro News** even better. Join for a chance to win a $25 gift card.

metronews.ca/panel

metro

FINANCIAL

OVERWHELMED BY DEBT?
CALL THE Licensed Debt Professionals™
GET OUT OF DEBT!
- Avoid Bankruptcy
- 1 Low Monthly Payment
- No Interest Charges
- Stop Collection Calls
- Government Licensed Proposal Administrators

David Sklar, CPA, CA, CIRP, Trustee

FREE Consultation 310-9200
(NO AREA CODE NEEDED)
DAVID SKLAR & ASSOCIATES INC.
Licensed Proposal Administrators & Trustee in Bankruptcy
HEAD OFFICE: 245 FAIRVIEW MALL DRIVE, SUITE 720, TORONTO, ON, M2J 4T1
NORTH YORK • TORONTO • PICKERING / AJAX • MISSISSAUGA / ETOBICOKE • BRAMPTON
www.DavidSklar.com

CALL ERIKA
(LICENSED DEBT EXPERT)
STOP COLLECTION CALLS
GET DEBT RELIEF NOW!
Reduce or Eliminate Tax Debt too.
Stop Garnishments and Court Actions
Debt Proposals, Debt Counselling, Avoid Bankruptcy
Call NOW to talk with a Government-Licensed Expert
Low income? No problem! Ask about our affordable, very low fee to get Debt-Free.
We're here to help. Friendly, Caring Professionals.
Free consultation. Same day appointments.
1-877-332-8416
416-288-8048
Scarborough (Main office), Weston, Brampton, Oshawa, Mississauga (Pt Credit)
Rusinek & Associates Inc Trustee in Bankruptcy www.rusinek.ca

WANT YOUR
DEBT GONE?
WELKERANDCOMPANY.COM
WE'RE HERE TO HELP
✔ Erase your debt ✔ Stop collection calls ✔ Avoid bankruptcy
✔ Reduce your stress ✔ Stop garnishments ✔ Get a fresh start
FREE CONSULTATIONS
647-793-6411
MAIN OFFICE: 1969 WESTON ROAD, TORONTO
TORONTO | BRAMPTON | MISSISSAUGA | SCARBOROUGH | BARRIE
WELKER AND COMPANY
Federally Licensed: Proposal Administrator & Trustee in Bankruptcy

MORTGAGE APPROVED!
- 1st and 2nd Mortgage for any purpose.
- Refinance to 87%. Purchase to 95%.
- With rates at historic lows, now is the time to re-finance your home!
- Consolidate cards into 1 payment
- Self-employed? Stated income.
- Good and bad credit are welcome!
- Behind in Mortgage Payments?

WE CAN HELP!
HOMELAND MORTGAGE
416-519-3505 OR 647-273-5626
WWW.HOMELANDMORTGAGE.ORG
License # 11991

TOO MANY BILLS...
...GET A FRESH START!

Bankruptcy • Proposals
Debt Counselling
416-740-5400
Toronto • Rexdale
Etobicoke • North York
Don Mills • Bloor West
Scarborough
KEVIN THATCHER & ASSOCIATES LTD.
TRUSTEE IN BANKRUPTCY
905-273-6300 Mississauga • Brampton
1-888-329-5198 www.billfixer.com
FREE CONSULTATIONS
EVENING APPOINTMENTS
FLEXIBLE PAYMENTS
Head Office: Rexdale, others non-resident

MONEY PROBLEMS?
Make One Small Monthly Payment For All Your Debts!

WE CAN
✔ Stop Collection Calls
✔ Reduce your Debts
✔ Stop Wage Garnishment
✔ Stop Interest Right Away
✔ Re-Establish your Credit
✔ Deal with your Tax Issues
Visit:
GtaCredit.Com
North York (416) 650-1100
Scarborough (416) 754-0011
Mississauga (905) 275-4200
Ajax / Oshawa (905) 426-8400
Brampton (905) 796-3100
Toronto Downtown (416) 489-2000
gta credit
Call for a FREE & CONFIDENTIAL meeting with one of our Govt. Registered Counsellor

DEBT RELIEF
Are you drowning in debts?
I can help you...
- Consolidate debts, no interest
- Settle your debts without a bankruptcy
- Stop collection calls and garnishments
- Get rid of tax debts and court actions

NONA KUMAR
Estate Administrator
Credit Counsellor
Free Consultation: 416.455.7709
Evenings and weekends appointment also available
Rumanek & Co. Ltd. Administrators of Proposals, Trustee in Bankruptcy & Debt Consolidation Arrangements:
Head Office in North York, ON. Offices in Scarborough & Mississauga.

EDUCATION

THE HOME SAVERS . CA
Bankruptcy and Proposals
(information and services)
Here's what WE can do without
Mortgages and zero interest
- Debts eliminated or reduced to as little as 15%
- Payments to fit your budget
- CRA Taxes included
- No need to lose your home, car or business
- Immediate Results

416-499-7113
Free Consultations by Phone or in person

ANDERSON COLLEGE
OF HEALTH, BUSINESS AND TECHNOLOGY
YOUR TRAINING, YOUR CAREER, YOUR FUTURE.
Become a Medical Lab Technician
Program Includes Practicum

Financial Assistance May Be Available to Those Who Qualify
Second Career Funding Available to Those Who Qualify
FREE Instructor-Led English Classes
647.691.0922 • 416.466.6107
andersoncollege.com
Robetech Institute Inc. o/a Anderson College of Health, Business and Technology is a Registered Private Career College under the PCC Act 2005.

Bursaries Available Now
Call to See If You Qualify
Be A Law Professional in Months

- Immigration Consultant Accredited by ICCRC*
- Paralegal Accredited by LSUC**
- Law Clerk**

* With Internship
** With Internship and Bursary
647-503-5254
WWW.AOLTORONTO.COM
Academy of Learning Career & Business College (Bay/Bloor) is registered as a Private Career College under the Private Career College Act 2005 and is operated by 1069195 Ontario Inc.

RECIPE Chocolate Ginger Banana Bread

Recipe serves 12

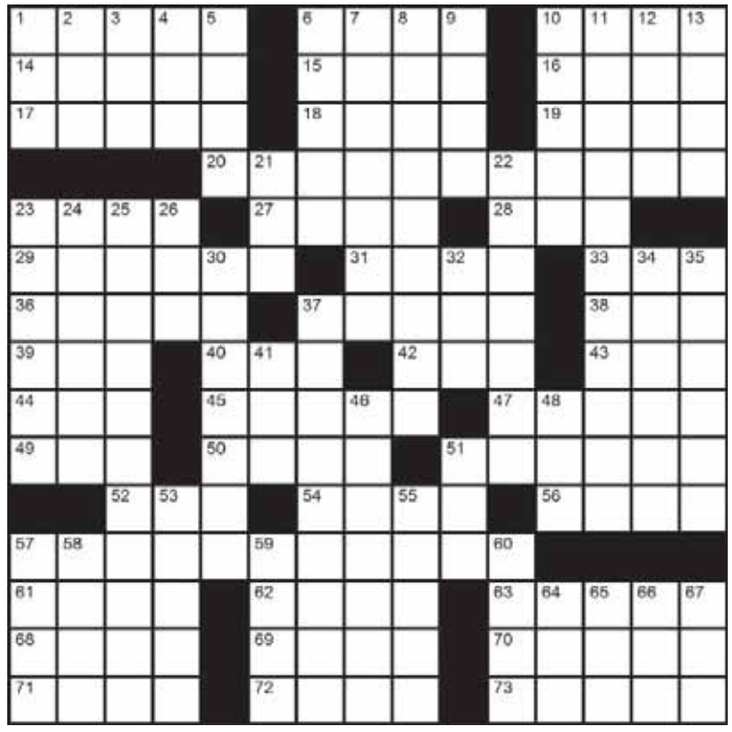
Ready in
Prep time: 40 minutes
Cook time: 20 minutes

Ingredients
- 2 cups all-purpose flour
- 1 teaspoon baking soda
- 1/2 teaspoon salt
- 3/4 cup semi-sweet chocolate chips
- 1/2 cup chopped crystallized ginger
1/2 cup (1 stick) unsalted butter, room temperature
- 3/4 cup sugar
- 2 large eggs
- 1 teaspoon vanilla extract
- 2 large very ripe bananas, peeled and mashed (about 1 cup mashed)
- 1/2 cup sour cream or plain Greek yogurt

Directions
1. Heat the oven to 350 F. Butter or coat with cooking spray a 9-by-5-inch loaf pan.
2. In a small bowl, mix together the flour, baking soda and salt. Mix in the chocolate and the ginger.
3. In a large bowl, use an electric mixer to beat together the butter and sugar until light and fluffy, about 2 minutes. Beat in the eggs, one at a time, then add the vanilla. Blend in the mashed bananas and sour cream.
4. Switch to a wooden spoon and add the flour mixture in batches to the wet mixture, mixing just until each addition is incorporated. At the end, the batter should be barely blended (it will be thick). Transfer the mixture to the prepared loaf pan. Bake until a toothpick or wooden skewer inserted at the centre comes out clean, 40 to 50 minutes. Cool in the pan on a wire rack for 10 minutes, then turn the loaf out of the pan and finishing cooling upright on the wire rack.
THE ASSOCIATED PRESS

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Monks' superior
6. Decorative pillow cover
10. "_ _ can you..." (American anthem opener)
14. It makes a bride look like a princess
15. The Jackson 5 member
16. passu (Impartially)
17. Defences for castles
18. Sort of saxophone
19. "What _ _ off!" (It's too expensive)
20. British Columbia... Alert Bay, 'Home of the _ _'
23. Seafood fish of Hawaii, when doubled
27. Blood carrier
28. Urn stuff
29. Awkward
31. Guitar great Duane
33. Sidekick
36. TV-advertised knife set brand
37. Angler's basket
38. "_ Fine Day" by The Chiffons
39. Action word suffix
40. Madhouse
42. She's a sheep
43. Mr. Chaney Jr.
44. Celebrity chef Sandra
45. Radiant visions
47. Bud _ (Former MLB Commissioner)
49. Person in command [abbr.]
50. "_ Island" (2008)
51. Actor, Haley Joel _
52. Martini ingredient
54. Hospitals: 'O' in OR, for short
56. Ancient tale
57. Ontario town called 'The Heart of Muskoka'
61. VIP's ride
62. Unique
63. Golfer's selections
68. Household appliance
69. Have _ _ (Know 'somebody')
70. International Court of Justice
71. "Guarding _" (1994) starring Shirley MacLaine
72. Rockies, e.g.
73. Autumn colour

DOWN
1. 24-hr. banker
2. CV of life
3. Farm call
4. Scrap of supper
5. Job
6. Not fresh, at the bakery
7. Having more small mountains
8. Those present
9. Heathered expanse
10. Moonfishies
11. Canadian director who starred on "Road to Avonlea": 2 wds.
12. Seed covering
13. "Egad!"
21. Brick wall foliage
22. Considerably fewer: 2 wds.
23. University in Montreal founded in 1821
24. Like certain skirt styles
25. Movie franchise for Donald Sutherland: 2 wds.
26. AOL exchanges
30. Ms. Collins (Writer of the books on which the flicks at #25-Down are based)
32. Grass' morning blanket
34. Sprinkle with holy oil
35. Distance
37. Locale of the village at #20-Across, _ Island
41. Catherine Deneuve's 'Yes'
46. Bayer product
48. "Almighty Love" by Canadian singer Ms. Gryner
51. Assoc.
53. Desktop symbols
55. Utopias
57. Mark with ink
58. Tear apart
59. Irish author Mr. Stoker (b.1847 - d.1912)
60. Lingering sound
64. Lake: French
65. "Ick."
66. Office, for short
67. Behold

IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
You may be a bit behind in your workload, but there is still time to catch up. Make a start right this moment and you will be well on top of things again!

Taurus April 21 - May 21
You have been in tune with the spirit of the times of late but all good things must end and later in the week things could get a bit confusing. Today though, you decide what is the most fun thing you could be doing.

Gemini May 22 - June 21
No one has the right to interfere in your affairs but certain people will continue to do so unless and until you tell them to mind their own business.

Cancer June 22 - July 23
You may be eager to find out what is going on behind the scenes, but don't let others think you are desperate or they will keep you in the dark even more, just for the fun of it.

Leo July 24 - Aug. 23
The Sun remains in the money area of your chart only until Wednesday, so you need to get your act together. There is still time to put your affairs in order and work out how you are going to make up for recent losses.

Virgo Aug. 24 - Sept. 23
Before you accept a promotion of some kind ask yourself if it is what you really desire, because if you change your mind later important people won't be too happy with you. Only ever do what feels comfortable.

Libra Sept. 24 - Oct. 23
There are so many new things you want to do but, for one reason or another, you have not been able to make a start on them. When the Sun enters your sign on Wednesday you will at last get the green light.

Scorpio Oct. 24 - Nov. 22
You won't be in a forgiving mood today, but if you are wise you will bite your tongue and not say anything hurtful. Give them that Scorpio "look" instead — they'll get the message.

Sagittarius Nov. 23 - Dec. 21
Don't worry too much if you are still waiting impatiently for things to happen because what occurs over the next few days will kick-start the rest of your year.

Capricorn Dec. 22 - Jan. 20
Over the coming week you will find that your responsibilities get a bit heavier as loved ones come to rely on you more and employers and other important people add to your workload.

Aquarius Jan. 21 - Feb. 19
Your best course of action now is to be as open and honest as you possibly can be, even if your first instinct is to clam up completely and keep what you know to yourself.

Pisces Feb. 20 - March 20
Recent cosmic activity in your opposite sign of Virgo has just about finished its job of toughening you up emotionally and soon you will be able to focus on more enjoyable things.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

				7				
		9				8		
	2		5		9		1	
		1		5		3		
3			4		7			5
		7		2		9		
	9		1		6		5	
		4				7		
				8				

Difficulty Level ★★★

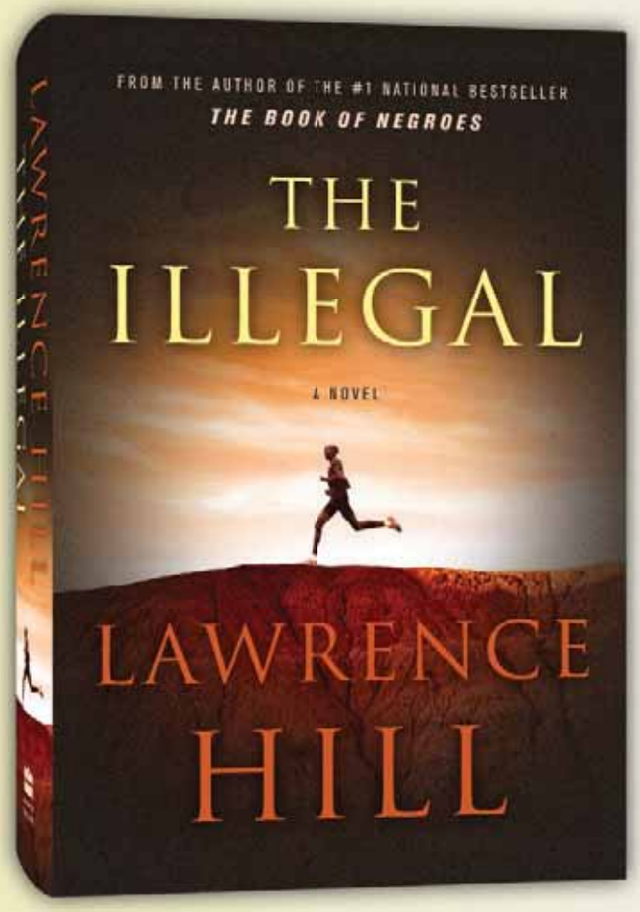
©2015 Conceptis Puzzles, Dist. by King Features Syndicate, Inc.

$50 FREE
off a first purchase of $125 or more*
*Some brand exclusions apply. See WWW.SHOP.CA for details.
Applicable on first purchase only. Cannot be combined with any offer.

SEPT 21th - 23th ONLY
SHOP480
Use promo code at checkout.
SHOP.CA
Thousands of Premium Brands | Free Shipping | Proudly Canadian
VISIT WWW.SHOP.CA TODAY

"READ IT, YOU MUST."

—The Globe and Mail



THE NEW NOVEL FROM

LAWRENCE HILL

AUTHOR OF

THE BOOK OF NEGROES

MEET LAWRENCE HILL IN THE GTA THIS FALL

BURLINGTON
September 22, 7:00 PM
Indigo Burlington
Free event
indigo.ca/events

UXBRIDGE
October 4, 11:00 AM
Wooden Sticks
Golf Course
Tickets: blueheronbooks.com

OAKVILLE
October 5, 7:00 PM
Oakville Centre
for the Performing Arts
Tickets: oakvillecentre.ca

WATERLOO
October 7, 7:00 PM
CIGI Campus Auditorium
Free event
Tickets: cigionline.org

TORONTO
October 27–31
International Festival
of Authors
Tickets: ifoa.org

NIAGARA-ON-THE-LAKE
November 4, 7:00 PM
Trius Winery
Words & Wine Author Series
Tickets: notlpubliclibrary.org

FOR ALL TOUR AND EVENT INFORMATION VISIT
harpercollins.ca/lawrencehill

harpercollins.ca
Available Where Books Are Sold